

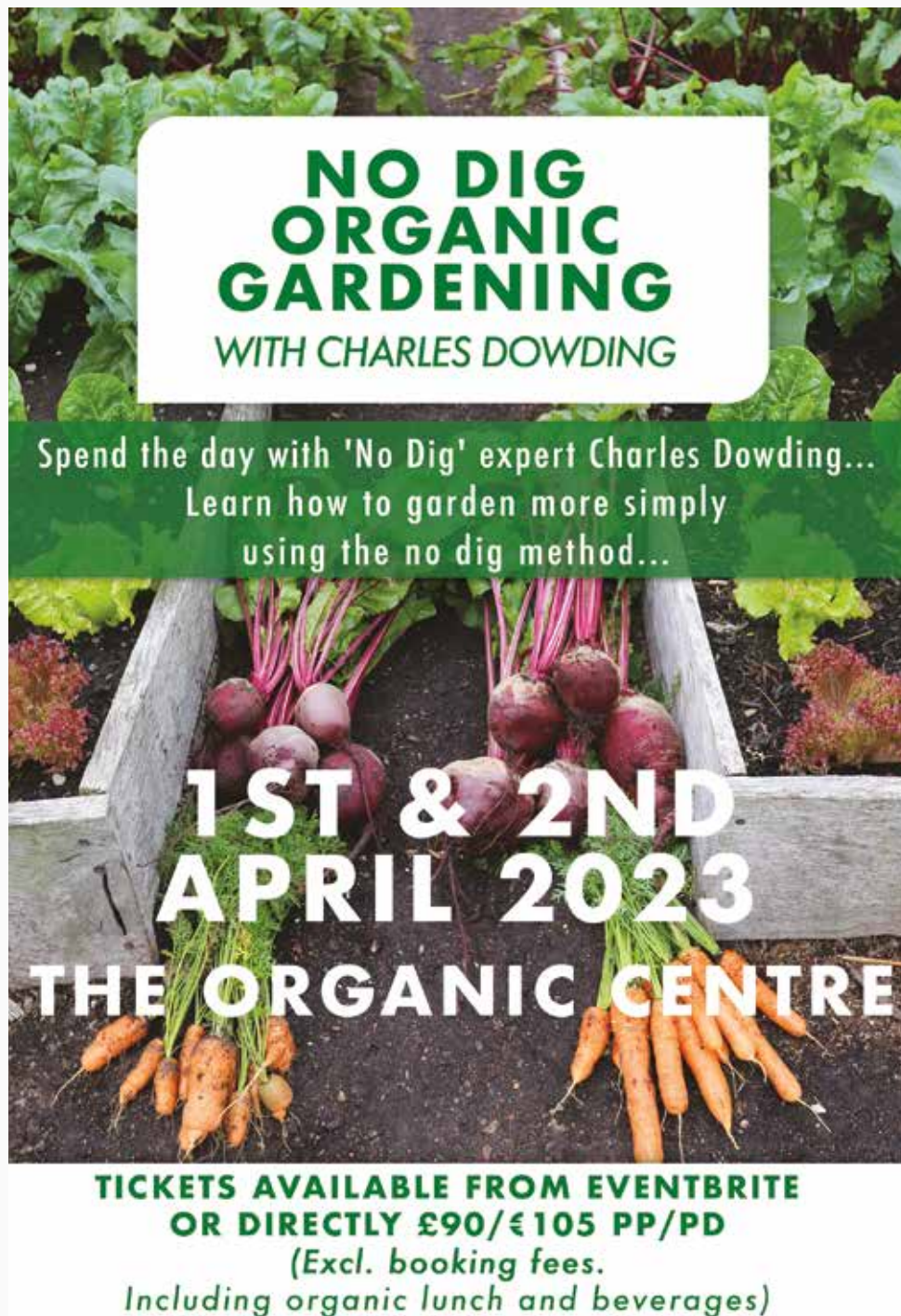
info@theorganiccentre.ie

+353 (0)71 985 4338

The Organic centre

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**NO DIG
ORGANIC
GARDENING**
WITH CHARLES DOWDING

Spend the day with 'No Dig' expert Charles Dowding...
Learn how to garden more simply
using the no dig method...

**1ST & 2ND
APRIL 2023**

THE ORGANIC CENTRE

**TICKETS AVAILABLE FROM EVENTBRITE
OR DIRECTLY £90/€105 PP/PD**
(Excl. booking fees.
Including organic lunch and beverages)

WELCOME

Thanks for picking up our 2023 Course & Seed Booklet, we hope you find something you like. We hope that 2023 is a good year for everyone and the planet.

The Booklet showcases our extensive range of seeds, and we have new varieties on sale for this year. The booklet also features a veritable cornucopia of introductory courses, with events and workshops and we have added to our annual calendar of events. We are well aware of increasing costs and the pressure that families, businesses and communities are under. In response we are working hard to keep our prices as low as we can, we have NOT increased workshop costs for 2023. We are also maintaining our reduced costs for older people, students and people in receipt of benefits, in the hope that this enables everyone to take part in the workshop of their choice.

Alongside seeds and workshops the booklet contains a great selection of garden tools, and equipment, books, and we really hope there is something in it for everyone! We have a fantastic selection of books and are increasing the range of books we stock for 2023. We are also planning to increase our selection of crafts for sale at our onsite shop and we have also introduced a small zero waste shop onsite as well.

The booklet reflects the work we are doing in the Centre and beyond and we are excited about our up and coming projects. Thanks to our Project Coordinator and our fantastic garden team, we will be opening a new fully accessible tunnel in 2023 and will be developing workshops and projects specifically for people with disabilities. We are also continuing our work to develop the site, creating more walks and more activities for all our visitors. We have developed our children's garden and hope to continue to do more work on this area in 2023, all the time listening to our younger visitors. Green Shoots parent & toddler group is growing each week and a big thanks goes out to Fiona for her energy and hard work leading the group.

Despite the rising cost of living, everyone should have access to good quality fruit and veg and we are relaunching our Community Gardener's group for 2023. Group members get expert tuition every week from our garden team and the fresh vegetables grown in the group are shared between everyone, we are reducing the weekly cost of the group to 2 euros a week and the group starts up again on March 1st 2023. As well as groups, we will continue to develop our tours focusing on all things organic, biodiversity, climate change and composting. We can also help you with your event, wedding and/teambuilding day. So, if you are looking for the perfect setting for your staff team, group or class, then get in touch.

As well as our onsite shop, remember that you can shop online at
www.theorganiccentre.ie

OPENING TIMES

MONDAY - SUNDAY
10.00AM - 5.00PM

Last entry to the gardens at 4.00pm.

Admission to the Gardens during 2023 is Free / Donations accepted with thanks.

We provide bespoke tours for groups or individuals, call or email for more details.

MEMBERSHIP

Become a Member of The Organic Centre and support our work with communities and schools across the country.

MEMBERSHIP PERKS

- Free advice and information on request
- 4 Free Seed Packets (See website for info)
- 10% discount on courses and all purchases (excluding café)

FAMILY MEMBERSHIP €75.00
INDIVIDUAL MEMBERSHIP €40.00
LIFE MEMBERSHIP €300.00
COMPANY MEMBERSHIP €500.00

CONDITIONS

PRICES: may be subject to change. For mail order cost of postage and packing will be added at the current rate.

VAT: all prices quoted include VAT at the current rate.

PAYMENTS: We accept Bank Drafts or Postal Orders or Cheques (please make cheques payable to 'The Organic Centre'). We accept all payments by Debit or Credit Card, PayPal and online.

HOW TO ORDER: Please use the pull-out order form in the middle of this catalogue, shop online or telephone us.

DELIVERY: We deliver all across Ireland and Northern Ireland. We are committed to supplying goods as soon as possible. Check availability of stock online at www.theorganiccentre.ie

SERVICES

OUTREACH TALKS €150.00 per half day
CLASSROOM HIRE €120.00 per day
ONE-TO-ONE SESSIONS €50.00 per hr

We would love to host your wedding here at the Centre and are licensed for civil ceremonies.

HOW TO BOOK

www.theorganiccentre.ie
info@theorganiccentre.ie & sales@theorganiccentre.ie
+353 (0)71 985 4338
Booking slip in centrefold
Payments must be made in full and in advance to secure a place.
Your course fee does not include food. Extra cost for materials applies to some courses.

CANCELLATION & REFUNDS

For cancellations made at least 2 weeks prior to the course date you will be refunded the full amount (minus €10.00 for administration), there will be no refunds for cancellations after that.
You can also receive a credit note or you may transfer to a later course if places are still available.

COURSES & WORKSHOPS

P8 - P26

SEEDS, TOOLS & BOOKS

P28 - P53

ADVERTISERS' DIRECTORY

P54 - P63

COURSES, WORKSHOPS

AND EVENTS AT A GLANCE

WEEKLY ACTIVITIES

EVERY WEDNESDAY - COMMUNITY GARDEN
EVERY FRIDAY - GREEN SHOOTS

FEBRUARY

- SATURDAY 4TH** - RECYCLING WORKSHOP
- SUNDAY 5TH** - ORGANIC RETREAT
- SATURDAY 11TH** - ORGANIC GARDENING
- SUNDAY 12TH** - WILLOW DOMES
- SATURDAY 18TH** - PREPARE YOUR GARDEN
- SUNDAY 19TH** - BACH FLOWER REMEDIES
- SATURDAY 25TH** - GRAFTING WORKSHOP
- SUNDAY 26TH** - PLAN A YEAR'S HARVEST

MARCH

- SATURDAY 4TH** - GROW ORGANIC FOR CAFE OR RESTAURANTS
- SATURDAY 4TH** - INTRO TO FERMENTATION
- SUNDAY 5TH** - **POTATO DAY**
- SATURDAY 11TH** - FRUIT GROWING WORKSHOP
- SUNDAY 12TH** - SPRING IN THE TUNNEL
- SATURDAY 18TH** - INTRO TO HOMOEOPATHY
- SATURDAY 18TH** - ADVANCED FERMENTATION
- SUNDAY 19TH** - **MOTHER'S DAY CRAFTS**
- SAT 25TH & SUN 26TH** - WILLOW BASKET WEEKEND

APRIL

- SAT 1ST & SUN 2ND** - NO DIG GARDENING
- SATURDAY 1ST** - NATURAL KOREAN FARMING
- SUNDAY 2ND** - CHEESEMAKING
- SATURDAY 8TH** - EASTER ARTS WORKSHOP
- SAT 8TH & SUN 9TH** - DRY STONE WALL BUILDING
- SATURDAY 15TH** - ORGANIC RETREAT
- SUNDAY 16TH** - ORGANIC FOR LIFE
- SATURDAY 22ND** - MAKE A GARDEN ANYWHERE
- SUNDAY 23RD** - DIVINING THE LANDSCAPE
- SUNDAY 23RD** - CHILDREN'S ART WORKSHOP
- SATURDAY 29TH** - ORGANIC PEST CONTROL
- SUNDAY 30TH** - MAKE YOUR OWN JEWELLERY
- SUNDAY 30TH** - ORGANIC FARM WALK

MAY

- SAT 6TH & SUN 7TH** - SYNTROPIC WEEKEND
- SUNDAY 7TH** - CHEESEMAKING
- SATURDAY 13TH** - ARTS & BIODIVERSITY
- SATURDAY 13TH** - BIODIVERSITY WALK 'N' TALK
- SUNDAY 14TH** - GARDENING FOR BIODIVERSITY
- SATURDAY 20TH** - BIODIVERSITY PLAN
- SUNDAY 21ST** - BIODIVERSITY WALK 'N' TALK
- SATURDAY 27TH** - LOVE YOUR SOIL
- SAT 27TH & SUN 28TH** - WOODLAND MANAGEMENT WEEKEND

JUNE

- SATURDAY 3RD** - WILD ABOUT HERBS
- SATURDAY 3RD** - WOODLAND WALK
- SUNDAY 4TH** - WOODLAND BUSHCRAFT
- SATURDAY 10TH** - COB OVEN BUILDING
- SAT 10TH & SUN 11TH** - STONE WALL MASTERCLASS
- SUNDAY 11TH** - BOTANY OF NORTH LEITRIM
- SAT 17TH & SUN 18TH** - THERAPEUTIC HORTICULTURE
- SATURDAY 24TH** - THE PSYCHOLOGY OF ALCHEMY
- SATURDAY 24TH** - WEED CONTROL
- SUNDAY 25TH** - SUMMER IN THE TUNNEL

JULY

- SATURDAY 1ST** - ORGANIC RETREAT
- SUNDAY 2ND** - PLAN YOUR SUMMER GARDEN
- SAT 8TH & SUN 9TH** - WILLOW BASKET MASTERCLASS
- SUNDAY 9TH** - ORGANIC FARM WALK
- SATURDAY 15TH** - YOUR ORGANIC LARDER
- SUNDAY 16TH** - SUMMER ART WORKSHOP
- SATURDAY 22ND** - COB OVEN BUILDING
- SUNDAY 23RD** - AYURVEDA WORKSHOP
- SATURDAY 29TH** - WHAT THE EYES REVEAL
- SUNDAY 30TH** - FLOWER ESSENCES

AUGUST

- SATURDAY 5TH** - RECYCLING WORKSHOP
- SUNDAY 6TH** - WOODLAND BUSHCRAFT
- SUNDAY 6TH** - ORGANIC FARM WALK
- SATURDAY 12TH** - COB OVEN BUILDING
- SAT 12TH & SUN 13TH** - STONE WALLING MASTERCLASS
- SUNDAY 13TH** - SUMMER ART WORKSHOP
- SATURDAY 19TH** - NATURAL KOREAN FARMING
- SATURDAY 19TH** - DIVINING THE LANDSCAPE
- SUNDAY 20TH** - ORGANIC RETREAT
- SUNDAY 20TH** - INTRO TO FERMENTATION
- SATURDAY 26TH** - INTRO TO HOMEOPATHIC PLANTS
- SUNDAY 27TH** - MUSHROOM FORAGING

SEPTEMBER

- SATURDAY 2ND** - ADVANCED FERMENTATION
- SAT 2ND & SUN 3RD** - STONE WALL BUILDING
- SUNDAY 3RD** - MUSHROOM FORAGING
- SATURDAY 9TH** - AUTUMN IN THE TUNNEL
- SAT 9TH & SUN 10TH** - BACK TO SCHOOL RETREAT WEEKEND
- SAT 16TH & SUN 17TH** - WILLOW BASKET MASTERCLASS
- SUNDAY 17TH** - MUSHROOM FORAGING
- SATURDAY 23RD** - TAPPING TO HAPPINESS
- SUNDAY 24TH** - **APPLE DAY**
- SATURDAY 30TH** - SEED SAVING WORKSHOP
- SATURDAY 30TH** - INTRO TO HOMOEOPATHY FOR FIRST AID

OCTOBER

- SUNDAY 1ST** - PLAN A YEAR'S HARVEST
- SUNDAY 1ST** - MUSHROOM FORAGING
- SATURDAY 7TH** - BASIC HYDROPONICS FOR BEGINNERS
- SATURDAY 7TH** - INTRO TO HOMEOPATHIC PLANTS
- SUNDAY 8TH** - WOODLAND WALK
- SAT 14TH & SUN 15TH** - STONE WALL MASTERCLASS
- SUNDAY 15TH** - CHEESE MAKING
- SAT 21ST & SUN 22ND** - THERAPEUTIC HORTICULTURE
- SATURDAY 28TH** - ORGANIC RETREAT
- SUNDAY 29TH** - HALLOWEEN WORKSHOPS

NOVEMBER

- SAT 4TH & SUN 5TH** - THERAPEUTIC HORTICULTURE
- SUNDAY 5TH** - WINTER HOMOEOPATHY
- SATURDAY 11TH** - WINTER FRUIT PRUNING
- SUNDAY 12TH** - COB OVEN BUILDING
- SATURDAY 18TH** - ORGANIC RETREAT
- SUNDAY 19TH** - WINE & CIDER MAKING
- SATURDAY 25TH** - PREPARE YOUR GARDEN
- SUNDAY 26TH** - CHEESE MAKING

DECEMBER

- SUNDAY 10TH** - WINTER FESTIVE FAYRE

To book or for more
information visit
www.theorganiccentre.ie
or give us a call on

+353 (0)71 985 4338

RECYCLING WORKSHOP

MAKE YOUR OWN STUFF

WITH ORGANIC CENTRE TEAM

SATURDAY 4TH FEBRUARY 2023

10:00AM - 4:00PM

RW

€80.00

Join the Organic Centre Team to learn about constructing raised beds, fences, wooden planters, bug hotels, benches, arbors etc.

Feel free to bring items for recycling.

WILLOW SCULPTURE

DOMES & FEDGES

WITH TOM O'BRIEN

SUNDAY 12TH FEBRUARY 2023

10:00AM - 4:00PM

WSFD

€80.00

Learn all about how to use our native willow to make a variety of low cost structures, from a living play area for children with willow domes to a fedge (fence/hedge) and a seating alcove & sculptures. Tom will demo planting techniques, weaving and show how to make supports for climbing plants. *This is a practical outdoors course.*

PREPARE YOUR GARDEN

WITH STEPHEN CAMPBELL

SATURDAY 18TH FEBRUARY 2023

10:00AM - 4:00PM

PYG

€80.00

For first-time or life-long gardeners, this is a practical, hands-on course on how to prepare your garden for the coming season. It includes correct preparation of both indoor & outdoor beds, planting techniques & how to look after the soil. It will also look at planning your sowing & planting schedule for the rest of the year.

BACH FLOWER REMEDIES

WITH MARK O'SULLIVAN

SUNDAY 19TH FEBRUARY 2023

10:00AM - 4:00PM

BFR

€80.00

This Short Course introduces you to Bach Flower Remedies and how to use them to help with a range of emotional disturbances including fear, worry, anxiety, uncertainty, loneliness, oversensitivity, despair, sadness, grief, anger and resentment.

GRAFTING WORKSHOP

WITH PHIL WHEAL

SATURDAY 25TH FEBRUARY 2023

10:00AM - 4:00PM

GW

€80.00

Learn how to propagate your own fruit trees and greatly reduce the costs of creating your own orchard or starting a nursery. Phil will give you hands-on experience on techniques of grafting and budding apple, pear, plum and cherry trees. He will show you a variety of available rootstocks and explain the differences. Participants will take their own grafted trees home.

PLAN A YEAR'S HARVEST

WITH INGRID FOLEY

SUNDAY 26TH FEBRUARY 2023

10:00AM - 4:00PM

PAYH

€80.00

If you want to harvest vegetables all year round, you need a specific and detailed sow / plant / harvest / store plan and this is exactly what Ingrid will teach you. You will learn what space and other facilities you need.

*This course is **NOT** for total beginners.*

INTRO TO FERMENTATION

WITH MATTHEW CATER

SATURDAY 4TH MARCH 2023

10:00AM - 4:00PM

ITF

€80.00

From preserving fresh foods, to improving your gut health, to creating bold and exciting new flavours. In this workshop you will learn how to make kefir, kombucha, sauerkraut ferments. Please bring 3 small glass jars so you can take away your own starter cultures and ferment at home.

GROW ORGANIC FOR CAFE / RESTAURANTS

WITH INGRID FOLEY

SATURDAY 4TH MARCH 2023

10:00AM - 4:00PM

GOFCR

€80.00

Most reputable restaurants now have their own kitchen garden, providing chefs with the ultimate fresh produce. Participants will learn how to plan production for the year, choose and grow varieties that work and are asked for by chefs, find out about successional sowing and be informed about soil requirements and building soil fertility. The course covers the essentials of successful salad growing, kitchen herbs and micro greens.

POTATO DAY

SUNDAY 5TH MARCH 2023

FAMILY FUN DAY, STALLS, FOOD AND MUCH MORE

FRUIT GROWING WORKSHOP

WITH PHIL WHEAL

SATURDAY 11TH MARCH 2023

10:00AM - 4:00PM

FGW

€80.00

This course will empower you to create an orchard in a day. Phil will teach you how to do the right things at the right time. Workshop covers: best site location and preparing ground, layout of orchard, choosing rootstocks and sourcing the best varieties. proper planting techniques, feeding and protecting your plants.

ORGANIC GARDENING FOR EVERYONE

WITH INGRID FOLEY

SATURDAY 11TH FEBRUARY 2023

10:00AM - 4:00PM

OGFE

€80.00

Learn how to plan and prepare your plot considering the 5 S's: Sun, soil, shelter, seeds and manure. We will help you decide what to sow and how to grow a wide range of highly nutritious organic vegetables. We will teach you the basics of successful growing on any scale.

SPRING IN THE TUNNEL

WITH KLAUS LAITENBERGER

SUNDAY 12TH MARCH 2023

10:00AM - 4:00PM

SITT

€80.00

The first of our seasonal polytunnel workshops, designed to help you organise and make the best use of your polytunnel and enable you to harvest lots of produce throughout the year. Workshop will cover crop rotation, composting, sowing and planting, tips, pest and disease. Hands on experience with Klaus.

INTRO TO HOMOEOPATHY

WITH DR JAN MELIA

SATURDAY 18TH MARCH 2023

10:00AM - 4:00PM

ITHP

€80.00

A focus on remedies to support physical and emotional well-being. This workshop will provide you with everything you need to use homoeopathy for yourself/family.

ADVANCED FERMENTATION

WITH MATTHEW CATER

SATURDAY 18TH MARCH 2023

10:00AM - 4:00PM

AF

€80.00

Learn all about Koji, the magical mould the Japanese use to create astonishing depth of flavour in everything. In this workshop you will help to prepare and inoculate barley for fermentation, and use some finished Koji to begin several different ferments, which you will take home.

MOTHER'S DAY CRAFT & RELAX

WITH ANNA MULVIHILL

SUNDAY 19TH MARCH 2023

10:00AM - 4:00PM

MDCR

€80.00

Bring the whole family for a wonderful day. Learn the benefits of art for health and wellbeing and get to know the art of making safety nests, natural crafting and natural arts. A place for kids and adults to relax, learn & celebrate Mother's Day.

WILLOW BASKET MASTERCLASS WEEKEND

WITH TOM O'BRIEN

SATURDAY 25TH & SUNDAY 26TH MARCH 2023

10:00AM - 4:00PM

WBMW1

€160.00

You will make your own basket to take home! Tom will teach you how to master the technique and weave your first basket for breads, shopping or general use, with or without handle. Participants will also receive an instructional DVD!

NATURAL KOREAN FARMING

WITH RYAN HARKIN

SATURDAY 1ST APRIL 2023

10:00AM - 4:00PM

NKF

€80.00

Korean natural farming is a self-sufficient farming system that involves the culturing of indigenous micro-organisms (IMO) – bacteria, fungi, nematodes, and protozoa – in place of inorganic fertilisers to produce fertile soil. This workshop will demonstrate & facilitate learners to create their own water soluble calcium, lactic acid bacteria and fermented plant juice. These are all pro & probiotics for the soil & soil bacteria.

NO DIG GARDENING

WITH CHARLES DOWDING

SATURDAY 1ST & SUNDAY 2ND APRIL

10.00AM - 4.00PM

NDG

€110.00 per day

Charles Dowding is recognised worldwide for his long experience of growing great food. No dig makes life easier, and plants grow more healthily, with fewer weeds. His advice takes the mystery out of gardening, to make it timesaving, straightforward and enjoyable.

CHEESE MAKING WORKSHOP

WITH SILKE CROPP

SUNDAY 2ND APRIL 2023

10:00AM - 4:00PM

CMW

€120.00

Make your own cheese with Silke Cropp. Spend the day learning the art of cheese making from Silke who has been making goat, cow and sheep milk cheeses for yonks. From the 10 litres of Raw Milk under Silke's instruction everybody will make 1kg of Hard Cows' milk cheese along with a soft cheese.

FAMILY EASTER ART WORKSHOP

WITH ANNA MULVIHILL

SATURDAY 8TH APRIL 2023

10:00AM - 4:00PM

FEAW

€80.00

Bring the whole family for a wonderful day. Learn the benefits of art for health and wellbeing. A place for kids and adults to relax, learn and celebrate Easter.

DRY STONE WALL BUILDING MASTERCLASS WEEKEND

WITH MICHEAL FEARNHEAD

SATURDAY 8TH & SUNDAY 9TH APRIL 2023

10:00AM - 4:00PM

WSFD

€160.00

After being introduced to principles and techniques in the classroom, participants will build a dry stone wall from foundation level to the finished capping stage. Learn about traditional dry stone methods of building garden features such as garden seats or raised beds. Suitable for both the beginner and the more experienced person. Go away with confidence and the skill to build your own dry stone wall at home. **Limited to 6 Places.**

ORGANIC FOR LIFE

WITH STEPHEN CAMPBELL

SUNDAY 16TH APRIL 2023

10:00AM - 4:00PM

OFL €80.00

What are the benefits of choosing Organic products and how do these differ to conventional alternatives? And on a wider scale, what is the role of organics in helping biodiversity and the climate? This course will look to answer these questions and offer practical insights to how The Organic Centre works to improve food quality, food sovereignty and the environment.

MAKE A GARDEN ANYWHERE

WITH INGRID FOLEY

SATURDAY 22ND APRIL 2023

10:00AM - 4:00PM

MAGA €80.00

Urban gardening has very much come to the fore and Ingrid will teach you how to utilise even the smallest space to produce salads, herbs, potatoes, tomatoes, cucumbers, peppers, carrots and more.

CHILDREN'S ART WORKSHOP

WITH ANNA MULVIHILL

SUNDAY 23RD APRIL 2023

10:00AM - 4:00PM

CAW €60.00

For children aged 5-7 and 8-10. Collecting natural materials in the outdoors and creating nests using these materials and clay. Reflecting on building our own resilience through safe spaces within, and in the natural world around us. Part of our Natural Arts series of workshops. **Limited to 8 places**

DIVINING THE LANDSCAPE

WITH ALANNA MOORE

SUNDAY 23RD APRIL 2023

10:00AM - 4:00PM

DTL €80.00

Discover subtle influences at work in the landscape, through Earth energy Divining techniques (also known as Dowsing). How to find, avoid or neutralise problematic energies (such as underground water -'geopathic stress', plus electro-stresses in the home) and appreciate and protect the beneficial ones.

ORGANIC PEST CONTROL

WITH INGRID FOLEY

SATURDAY 29TH APRIL 2023

10:00AM - 4:00PM

OPC €80.00

Ingrid will show you how to avoid toxic and dangerous chemicals. Learn how to deal with problems from slugs to wire worms, from blight to other fungal diseases. Get advice and help on how to prevent problems. All other mechanical and biological controls will be explored and various antifungal and antibacterial teas, brews and sprays will be introduced. The course we believe all gardeners need to do, but often shy away from!

ORGANIC FARM WALK

WITH STEPHEN CAMPBELL

SUNDAY 30ND APRIL 2023

10:00AM - 4:00PM

OFW €80.00

The walk will include a tour of the organic centre tunnels, outdoor cultivation and orchard. We will demonstrate how our focus on soil health and working with nature drives our ability to grow a wide range of produce for the local market.

SYNTROPIC WEEKEND WORKSHOP

WITH RYAN HARKIN

SATURDAY 6TH & SUNDAY 7TH MAY 2023

10:00AM - 4:00PM

SWW €160.00

A Syntropic Garden is a regenerative food production system that mimics nature, growing vegetables and other crops amongst trees on a small plot of land, usually less than an acre. This helps it achieve its primary aim of natural succession. This new 2 day course hosted by Ryan Harkin, will give you all the knowledge and skills necessary to set up your Syntropic garden/smallholding. A great opportunity for you to learn more about growing with nature.

CHEESE MAKING WORKSHOP

WITH SILKE CROPP

SUNDAY 7TH MAY 2023

10:00AM - 4:00PM

CMW €120.00

Make your own cheese with Silke Cropp. Spend the day learning the art of cheese making from Silke who has been making goat, cow and sheep milk cheeses for yonks. From the 10 litres of Raw Milk under Silke's instruction everybody will make 1kg of Hard Cows' milk cheese along with a soft cheese.

BIODIVERSITY WEEK

SATURDAY 13TH MAY 2023

BIODIVERSITY WALK 'N' TALK

WITH HOWARD FOX & MARIA CULLEN

11:00AM - 3:00PM €40.00

The day will be packed full of info about biodiversity in all its glory, and you will learn how to create and promote biodiversity in your life & garden and/or woodland. With ample opportunity to explore the Centre's wonderful gardens.

ARTS & BIODIVERSITY WORKSHOP

WITH ANNA MULVIHILL

10:00AM - 4:00PM €50.00 (Children Free)

Bring the whole family for a wonderful day. Learn the benefits of art for health and wellbeing and get to know the art of making safety nests, natural crafting and natural arts. A place for kids and adults to relax, learn and celebrate Biodiversity.

SUNDAY 14TH MAY 2023

GARDENING FOR BIODIVERSITY

WITH STEPHEN CAMPBELL

10:00AM - 4:00PM €80.00

Join Stephen to learn all the tricks & the trades of growing organically and using biodiversity.

THURSDAY 18TH MAY 2023

**BIODIVERSITY ONLINE WITH
LEIF BARRY**

7.00PM - 9.00PM €30.00

The course will examine all aspects of Biodiversity; what is it? why we need it?

SUNDAY 21ST MAY 2023

**FOWLEY FALLS BIODIVERSITY
WALK 'N' TALK**

WITH HOWARD FOX & MARIA CULLEN

11:00AM - 3:00PM €40.00

The day will be packed full of info about biodiversity in all its glory.

LOVE YOUR SOIL

WITH INGRID FOLEY

SATURDAY 27TH MAY 2023

10:00AM - 4:00PM

LYS €80.00

Having an intimate understanding of your soil & how it behaves is vital to growing healthy crops of fruit & vegetables. We will tap into soil texture, soil structure, soil pH, soil biology & soil fertility management. Ingrid will explain the benefits of the four vital soil improvers: Farmyard manure, compost, seaweed & green manures. Bring soil samples & learn how to assess your soil texture, soil type & measure soil PH.

**WOODLAND MANAGEMENT
WEEKEND**

WITH THOMAS MAGUIRE

SATURDAY 27TH & SUNDAY 28TH MAY 2023

10:00AM - 4:00PM

WMW €160.00

Learn how to identify trees and about their many uses. Thomas will teach you how to help trees deal with the challenges and various diseases they are faced with. Demonstrations of good planting practice and maintenance work including coppicing will be covered. Thomas will also introduce basic tools and health & safety measures and give you great insight into the life of trees.

WILD ABOUT HERBS

WITH MARGARET PALMER

SATURDAY 3RD JUNE 2023

10:00AM - 4:00PM

WAH €80.00

Let's open our eyes to the magical world of the wild and cultivated herbs growing all around us; in this summer workshop we will go for a wild herb walk and focus on choosing herbs for a safe and gentle detox; plus we will make a wild herb soothing skin salve and a Mediterranean herbal vinegar. There will be a few more surprises depending on what we find on the day.

WOODLAND WALK

WITH THOMAS MAGUIRE

SATURDAY 3RD JUNE 2023

10:00AM - 4:00PM

WW €80.00

Learn how to identify trees and about their many uses. Thomas will teach you how to help trees deal with the challenges & various diseases they are faced with.

WOODLAND BUSHCRAFT

WITH FINN MELIA

SUNDAY 4TH JUNE 2023

10:00AM - 4:00PM

WB €80.00

If you go down in the woods today..... You will learn all sorts of tricks and tips for surviving in the great outdoors. Designed for parents and children together, this course, will provide first hand experience of foraging, bushcraft and survival skills.

COB OVEN BUILDING

WITH RYAN HARKIN

SATURDAY 10TH JUNE 2023

10:00AM - 4:00PM

CB €80.00

Cob building uses hands and feet to form lumps of earth mixed with sand and straw. Cob is easy to learn and inexpensive to build. In this course we will give a brief insight into testing for clay in soil before dividing into work groups to sift, mix and prepare a mix of cob and use it to build a oven that may be used to cook perfect pizza.

**DRY STONE WALL BUILDING
MASTERCLASS WEEKEND**

WITH MICHEAL FEARNHEAD

SATURDAY 10TH & SUNDAY 11TH JUNE 2023

10:00AM - 4:00PM

WSFD €160.00

Learn about traditional dry stone methods of building garden features such as garden seats or raised beds. Suitable for both the beginner and the more experienced person. Go away with confidence and the skill to build your own dry stone wall at home. **Limited to 6 Places.**

BOTANY OF NORTH LEITRIM

WITH MAIRA CULLEN & HOWARD FOX

SUNDAY 11TH JUNE 2023

10:00AM - 4:00PM

BONL €80.00

Immerse yourself in the Botany and Biodiversity of North Leitrim. This one day course is packed full of nature and will give you an insight to what makes North Leitrim such a special place. You will enjoy learning about flora and fauna, explore habitats, delve into rivers and generally have a super time getting to know our wonderfully biodiverse environment.

**THERAPEUTIC
HORTICULTURE**

WITH CAITRIONA KELLY

SATURDAY 17TH & SUNDAY 18TH JUNE 2023

10:00AM - 4:00PM

TH €360.00

This two-day course will investigate the myriad ways that a Nature-based intervention like social and therapeutic horticulture can benefit people. You will learn about research which supports the use of this discipline across a variety of settings. You will gain an insight into the role of a horticultural therapist and begin to design a client centred social and therapeutic horticulture programme to include assessment, planning and evaluation. There will be a practical element to this course on both days.

WEED CONTROL

WITH INGRID FOLEY

SATURDAY 24TH JUNE 2023

10:00AM - 4:00PM

WC €80.00

Weeds are a fascinating topic and are also the excuse for a lot of environmental damage done through spraying of chemicals. This workshop will introduce you to a comprehensive approach to weed management. We will discuss weed ecology and learn why they are so successful in comparison to cultivated crops.

THE PSYCHOLOGY OF ALCHEMY

WITH MATT CATER

SATURDAY 24TH JUNE 2023

10:00AM - 4:00PM

TPOA €80.00

In the tumultuous twentieth century, Carl Jung embarked on a voyage of self-discovery that cast into doubt not only the dogmas and dictats of organised religion, but also the prejudices and presuppositions of the emerging scientific orthodoxy. In this workshop you will gain an insight into his life and his work, and in relevance of his ideas to our lives as unique individuals.

SUMMER IN THE TUNNEL

WITH STEPHEN CAMPBELL

SUNDAY 25TH JUNE 2023

10:00AM - 4:00PM

SITT €80.00

A tunnel based, practical session focusing on: Maintenance, plant care, ventilation, feeding and watering, preventing and dealing with pests and diseases. Designed to support your summer production.

PLAN YOUR SUMMER GARDEN

WITH INGRID FOLEY

SUNDAY 2ND JULY 2023

10:00AM - 4:00PM

WC €80.00

Learn how to keep your garden in good shape throughout the summer and reap the benefits of your earlier sowings. Ingrid will show tips and tricks and advise on best practice of maintaining soil fertility and healthy plants. She will demonstrate the best harvesting techniques. You will be introduced to successive sowings and sowings for winter harvesting. The best follow-up to the "Organic gardening for beginners" course.

WILLOW BASKET MASTERCLASS WEEKEND

WITH TOM O'BRIEN

SATURDAY 8TH & SUNDAY 9TH JULY 2023

10:00AM - 4:00PM

WBMW2 €160.00

You will make your own basket to take home! Tom will teach you how to master the technique and weave your first basket for breads, shopping or general use, with or without handle. Participants will also receive an instructional DVD!

ORGANIC FARM WALK

WITH STEPHEN CAMPBELL

SUNDAY 9TH JULY 2023

10:00AM - 4:00PM

OFW €80.00

The walk will include a tour of the Organic Centre tunnels, outdoor cultivation and orchard. We will demonstrate how our focus on soil health and working with nature drives our ability to grow a wide range of produce for the local market.

YOUR ORGANIC LARDER

WITH STEPHEN CAMPBELL

SATURDAY 15TH JULY 2023

10:00AM - 4:00PM

OL €80.00

Knowing how to grow plants from a range of different methods is a great way to increase the number of plants in your garden cheaply. Organic Centre gardener Stephen Campbell will teach you the practical techniques of cuttings, division, layering and much much more. A great day for anyone interested in growing their own food.

SUMMER ART WORKSHOP FOR ALL THE FAMILY

WITH ANNA MULVIHILL

SUNDAY 16TH JULY 2023

10:00AM - 4:00PM

SAWFF €80.00

Bring the whole family for a wonderful day with Art therapist Anna Mulvihill, learn the benefits of art for health and wellbeing and get to know the art of making safety nests, natural crafting and natural arts. Giving you and the family time to sit and learn together, as well as celebrating Summer.

COB OVEN BUILDING

WITH RYAN HARKIN

SATURDAY 22ND JULY 2023

10:00AM - 4:00PM

CB €80.00

Cob building uses hands and feet to form lumps of earth mixed with sand and straw. Cob is easy to learn and inexpensive to build. In this course we will give a brief insight into testing for clay in soil before diving into work groups to sift, mix and prepare a mix of cob and use it to build a oven that may be used to cook perfect pizza.

AYURVEDA - SCIENCE OF LIFE

WITH MARGARET PALMER

SUNDAY 23RD JULY 2023

10:00AM - 4:00PM

ASOF €80.00

Ayurveda is believed to be the oldest system of medicine in the world. Dating back 3000 years the Ayurvedic understanding of the human body is just as relevant today as it was then. Learn about your own constitution and how to make the best dietary, lifestyle and herbal remedy choices to optimise your health and wellbeing. The workshop goes beyond just charts and quizzes, it takes a deeper look at understanding the five elements and how they work together to create the Doshas.

WHAT THE EYES REVEAL

WITH MARGARET PALMER

SATURDAY 29TH JULY 2023

10:00AM - 4:00PM

WTER €80.00

Iridology is fascinating! In this beginner's workshop we will learn that the iris is a window to understanding your individual path to health, healing and wellbeing. Each participant will discover how their own iris reading can help make optimal choices when it comes to food, lifestyle and herbal remedies. Iridology is a path to empowerment to taking care of your own health.

FLOWER ESSENCES

WITH MARK O'SULLIVAN

SUNDAY 30TH JULY 2023

10:00AM - 4:00PM

FE €80.00

Flower therapy, or essence therapy, is a form of complementary and alternative medicine (CAM). It's based on the idea that flowers have a healing vibrational energy. This short course will introduce you to a range of fantastic flower essences and give you practical information about how to use them to support your health.

RECYCLING WORKSHOP

MAKE YOUR OWN STUFF

WITH ORGANIC CENTRE TEAM

SATURDAY 5TH AUGUST 2023

10:00AM - 4:00PM

RW €80.00

Join the Organic Centre Team to learn about constructing raised beds, fences, wooden planters, bug hotels, benches, arbors etc. Feel free to bring items for recycling.

WOODLAND BUSHCRAFT

WITH FINN MELIA

SUNDAY 6TH AUGUST 2023

10:00AM - 4:00PM

WB €80.00

If you go down in the woods today..... You will learn all sorts of tricks and tips for surviving in the great outdoors. Designed for parents and children together, this course will provide first hand experience of foraging, bushcraft and survival skills.

ORGANIC FARM WALK

WITH STEPHEN CAMPBELL

SUNDAY 6TH AUGUST 2023

10:00AM - 4:00PM

OFW €80.00

The walk will include a tour of the Organic Centre tunnels, outdoor cultivation and orchard. We will demonstrate how our focus on soil health and working with nature drives our ability to grow a wide range of produce for the local market. There will also be a detailed outline of the centre's plant nursery and the tips for growing your own plants from seed.

COB OVEN BUILDING

WITH RYAN HARKIN

SATURDAY 12TH AUGUST 2023

10:00AM - 4:00PM

CB €80.00

Cob building uses hands and feet to form lumps of earth mixed with sand and straw. Cob is easy to learn and inexpensive to build. In this course we will give a brief insight into testing for clay in soil before dividing into work groups to sift, mix and prepare a mix of cob and use it to build a oven that may be used to cook perfect pizza.

DRY STONE WALL BUILDING MASTERCLASS WEEKEND

WITH MICHEAL FEARNHEAD

SATURDAY 12TH & SUNDAY 13TH AUGUST 23

10:00AM - 4:00PM

WSFD €160.00

After being introduced to principles and techniques in the classroom, participants will build a dry stone wall from foundation level to the finished capping stage. Learn about traditional dry stone methods of building garden features such as garden seats or raised beds. Suitable for both the beginner and the more experienced person. Go away with confidence and the skill to build your own dry stone wall at home. **Limited to 6 Places.**

SUMMER ART WORKSHOP FOR ALL THE FAMILY

WITH ANNA MULVIHILL

SUNDAY 13 AUGUST 2023

10:00AM - 4:00PM

SAWFF €80.00

Bring the whole family for a wonderful day. Learn the benefits of art for health and wellbeing and get to know the art of making safety nests, natural crafting and natural arts. A place for kids and adults to relax, learn and celebrate summer.

DIVINING THE LANDSCAPE

WITH ALANNA MOORE

SATURDAY 19TH AUGUST 2023

10:00AM - 4:00PM

DTL €80.00

Discover subtle influences at work in the landscape, through Earth energy Divining techniques (also known as Dowsing). How to find, avoid or neutralise problematic energies (such as underground water - 'geopathic stress', plus electro-stresses in the home) and appreciate and protect the beneficial ones.

NATURAL KOREAN FARMING

WITH RYAN HARKIN

SATURDAY 19TH AUGUST 2023

10:00AM - 4:00PM

NKF €80.00

Korean natural farming is a self-sufficient farming system that involves the culturing of indigenous micro-organisms (IMO) – bacteria, fungi, nematodes, and protozoa – in place of inorganic fertilisers to produce fertile soil. This workshop will demonstrate & facilitate learners to create their own water soluble calcium, lactic acid bacteria and fermented plant juice. These are all pro & prebiotics for the soil & soil bacteria.

INTRO TO FERMENTATION

WITH MATTHEW CATER

SUNDAY 20TH AUGUST 2023

10:00AM - 4:00PM

ITF €80.00

From preserving fresh foods, to improving your gut health, to creating bold and exciting new flavours, the wonderful world of fermentation offers a host of benefits to us all. In this workshop you will learn how to make kefir, kombucha, sauerkraut and a number of other lactic acid ferments. You are asked to bring 3 small glass jars so you can take away your own starter cultures and begin fermenting at home.

WILD MUSHROOM FORAGING

WITH FUNGI FINN

SUNDAY 27TH AUGUST 2023

10:00AM - 4:00PM

WMF €80.00

Wild mushrooms are a treasure hidden in our woods and forests, so why not pick a few for your dinner table. In the morning there will be an intro to mushrooms. Learn how they grow, identification techniques and the things to watch when gathering mushrooms. This will be followed by a hunt for mushrooms in a nearby forest. Participants are asked to bring rainproof gear, a small sharp knife & a basket for collecting mushrooms (no plastic bags).

DRY STONE WALL BUILDING MASTERCLASS WEEKEND

WITH MICHEAL FEARNHEAD

SATURDAY 2ND & SUNDAY 3RD SEPTEMBER

10:00AM - 4:00PM

WSFD €160.00

After being introduced to principles and techniques in the classroom, participants will build a dry stone wall from foundation level to the finished capping stage. Learn about traditional dry stone methods of building garden features such as garden seats or raised beds. Suitable for both the beginner and the more experienced person. Go away with confidence and the skill to build your own dry stone wall at home. **Limited to 6 Places.**

AUTUMN IN THE POLYTUNNEL

WITH KLAUS LAITENBERGER

SATURDAY 9TH SEPTEMBER 2023

10:00AM - 4:00PM

WSFD €80.00

Get your tunnel ready for Autumn & Winter, learn about winter production, salad and herb plants that thrive during the winter. Plan your rotation, revise your layout and get loads of ideas to get you through the winter months.

ADVANCED FERMENTATION

WITH MATTHEW CATER

SATURDAY 2ND SEPTEMBER 2023

10:00AM - 4:00PM

AF €80.00

Learn all about Koji, the magical mould the Japanese use to create astonishing depth of flavour in everything from saké to miso and soy sauce. In this workshop you will help to prepare and inoculate barley for fermentation, and use some finished Koji to begin several different ferments, which you will take home. You will also learn about Tempeh, the Indonesian bean cake that is both healthy, meaty & delicious.

WILD MUSHROOM FORAGING

WITH FUNGI FINN

SUNDAY 3RD SEPTEMBER 2023

10:00AM - 4:00PM

WMF €80.00

Wild mushrooms are a treasure hidden in our woods and forests, so why not pick a few for your dinner table. In the morning there will be an intro to mushrooms. Learn how they grow, identification techniques and the things to watch when gathering mushrooms. This will be followed by a hunt for mushrooms in a nearby forest. Participants are asked to bring rainproof gear, a small sharp knife & a basket for collecting mushrooms (no plastic bags).

INTRO TO HOMOEOPATHIC PLANTS

WITH DR DAN MELLOR

SATURDAY 30TH AUGUST 2023

10:00AM - 4:00PM

ITF €80.00

A focus on plant remedies to support physical and emotional well-being. This workshop will provide you with everything you need to use homoeopathy for yourself/family.

WILLOW BASKET MASTERCLASS WEEKEND

WITH TOM O'BRIEN

SATURDAY 16TH & SUNDAY 17TH SEPTEMBER

10:00AM - 4:00PM

WBMW2 €160.00

You will make your own basket to take home! Tom will teach you how to master the technique and weave your first basket for breads, shopping or general use, with or without handle. Participants will also receive an instructional DVD!

WILD MUSHROOM FORAGING

WITH FUNGI FINN

SUNDAY 17TH SEPTEMBER 2023

10:00AM - 4:00PM

WMF

€80.00

Wild mushrooms are a treasure hidden in our woods and forests, so why not pick a few for your dinner table. In the morning there will be an intro to mushrooms. Learn how they grow, identification techniques and the things to watch when gathering mushrooms. This will be followed by a hunt for mushrooms in a nearby forest. Participants are asked to bring rainproof gear, a small sharp knife & a basket for collecting mushrooms (no plastic bags).

APPLE DAY SUNDAY 24TH SEPTEMBER

2023 - FAMILY FUN DAY, STALLS, FOOD
AND MUCH MORE

SEED SAVING WORKSHOP

WITH WAYNE FRANKHAM

SATURDAY 30TH SEPTEMBER 2023

10:00AM - 4:00PM

SSW

€80.00

While many gardeners are happy to save seeds from both common and unusual ornamental flowers, the confidence to save vegetable seeds has drastically faded as a common and traditional practice. Drawing on experience from organic growing and community seed groups, Wayne will present the essential background of seed saving along with hands-on demonstrations of selecting, harvesting, processing, drying and storing your favourite crops. Seed saving has many benefits: It saves money, builds our knowledge and appreciation of the beautiful full life cycles of our plants, helps biodiversity and living conservation, and provides abundant resilience for ourselves and our communities. Seed saving is a powerful skill that every gardener should have! Participants will take home samples of saved seeds.

INTRO TO HOMOEOPATHY FOR FIRST AID

WITH DR JAN MELIA

SATURDAY 30TH SEPTEMBER 2023

10:00AM - 4:00PM

ITHP

€80.00

A focus on plant remedies to support physical and emotional well-being. This workshop will provide you with everything you need to use homoeopathy for yourself/family.

PLAN A YEAR'S HARVEST

WITH INGRID FOLEY

SUNDAY 1ST OCTOBER 2023

10:00AM - 4:00PM

PW

€80.00

This time of year we are often asked about how to grow organic vegetables, where to start, how to prepare the ground, how to fertilise, what to do about weeds, where to source seeds, what equipment to buy etc. There will be plenty of opportunity to answer all those questions and you will learn all the basic organic principles in a hands on course. Prepare now in time and reap the benefits next year.

WILD MUSHROOM FORAGING

WITH FUNGI FINN

SUNDAY 1ST OCTOBER 2023

10:00AM - 4:00PM

WMF

€80.00

Wild mushrooms are a treasure hidden in our woods and forests, so why not pick a few for your dinner table. In the morning there will be an intro to mushrooms. Learn how they grow, identification techniques and the things to watch when gathering mushrooms. This will be followed by a hunt for mushrooms in a nearby forest. Participants are asked to bring rainproof gear, a small sharp knife & a basket for collecting mushrooms (no plastic bags).

BASIC HYDROPONICS FOR BEGINNERS

WITH COLIN BUOEY

SATURDAY 7TH OCTOBER 2023

10:00AM - 4:00PM

AFB

€80.00

In this one day course, Colin will take you through the basics of hydroponics, how it works, how to grow hydroponic crops and how to set up your own hydroponic kit at home.

INTRO TO HOMOEOPATHIC PLANTS

WITH DR JAN MELIA

SATURDAY 7TH OCTOBER 2023

10:00AM - 4:00PM

ITHP

€80.00

A focus on plant remedies to support physical and emotional well-being. This workshop will provide you with everything you need to use homoeopathy for yourself/family.

For more information on courses please visit:

www.theorganiccentre.ie/shop or give us a call on +353 (0)71 985 4338

WOODLAND WALK

WITH THOMAS MAGUIRE

SUNDAY 8TH OCTOBER 2023

10:00AM - 4:00PM

WW €80.00

Learn how to identify trees and about their many uses. Thomas will teach you how to help trees deal with the challenges & various diseases they are faced with.

DRY STONE WALL BUILDING MASTERCLASS WEEKEND

WITH MICHEAL FEARNHEAD

SATURDAY 14TH & SUNDAY 15TH OCTOBER

10:00AM - 4:00PM

WSFD €160.00

After being introduced to principles and techniques in the classroom, participants will build a dry stone wall from foundation level to the finished capping stage. Learn about traditional dry stone methods of building garden features such as garden seats or raised beds. Suitable for both the beginner and the more experienced person. Go away with confidence and the skill to build your own dry stone wall at home. **Limited to 6 Places.**

CHEESE MAKING WORKSHOP

WITH SILKE CROPP

SUNDAY 15TH OCTOBER 2023

10:00AM - 4:00PM

CMW €120.00

Make your own cheese with Silke Cropp. Spend the day learning the art of cheese making from Silke who has been making goat, cow and sheep milk cheeses for yonks. From the 10 litres of Raw Milk under Silke's instruction everybody will make 1kg of Hard Cows' milk cheese along with a soft cheese.

THERAPEUTIC HORTICULTURE

WITH CAITRIONA KELLY

SATURDAY 21ST & 22ND OCTOBER 2023

10:00AM - 4:00PM

TH €360.00

This two-day course will investigate the myriad ways that a Nature-based intervention like social and therapeutic horticulture can benefit people. You will learn about research which supports the use of this discipline across a variety of settings. You will gain an insight into the role of a horticultural therapist and begin to design a client centred social and therapeutic horticulture programme to include assessment, planning and evaluation. There will be a practical element to this course on both days.

HALLOWEEN CRAFTS FOR ALL THE FAMILY

WITH ANNA MULVIHILL

SUNDAY 29TH OCTOBER 2023

10:00AM - 4:00PM

HCWFAF €80.00

Bring the whole family for a wonderful day with Art therapist Anna Mulvihill, learn the benefits of art for health and wellbeing and get to know the art of making safety nests, natural crafting and natural arts. Giving you and the family time to sit and learn together, as well as celebrating Halloween.

THERAPEUTIC HORTICULTURE

WITH CAITRIONA KELLY

SATURDAY 4TH & SUNDAY 5TH NOVEMBER

10:00AM - 4:00PM

TH €360.00

This two-day course will investigate the myriad ways that a Nature-based intervention like social and therapeutic horticulture can benefit people. You will learn about research which supports the use of this discipline across a variety of settings. You will gain an insight into the role of a horticultural therapist and begin to design a client centred social and therapeutic horticulture programme to include assessment, planning and evaluation. There will be a practical element to this course on both days.

HOMOEOPATHY FOR THE WINTER

WITH DR JAN MELIA

SUNDAY 5TH NOVEMBER 2023

10:00AM - 4:00PM

HFTW €80.00

A focus on plant remedies to support physical and emotional well-being. This workshop will provide you with everything you need to use homoeopathy for yourself/family.

WINTER FRUIT & PRUNING

WITH PHIL WHEAL

SATURDAY 11TH NOVEMBER 2023

10:00AM - 4:00PM

WFP €80.00

Learn how to prune your fruit trees during the Winter and propagate your own stock. By the end of the day you will have the skills to make informed pruning decisions on a wide range of trees. Get introduced to unusual fruiting plants like Sea Buckthorn, nuts and hybrids like loganberries. Learn how to plant a forest garden and landscape with fruiting plants. Our orchard & forest garden is your classroom for the day!

COB OVEN BUILDING

WITH RYAN HARKIN

SUNDAY 12TH NOVEMBER 2023

10:00AM - 4:00PM

CB €80.00

Cob building uses hands and feet to form lumps of earth mixed with sand and straw. Cob is easy to learn and inexpensive to build. In this course we will give a brief insight into testing for clay in soil before diving into work groups to sift, mix and prepare a mix of cob and use it to build an oven that may be used to cook perfect pizza.

PREPARE YOUR GARDEN FOR NEXT YEAR

WITH INGRID FOLEY

SATURDAY 25TH NOVEMBER 2023

10:00AM - 4:00PM

PYGfNY

€80.00

This time of year we are often asked about how to grow organic vegetables, where to start, how to prepare the ground, how to fertilise, what to do about weeds, where to source seeds, what equipment to buy etc. There will be plenty of opportunity to answer all those questions and you will learn all the basic organic principles in a hands-on course. Prepare now in time and reap the benefits next year.

CHEESE MAKING WORKSHOP

WITH SILKE CROPP

SUNDAY 26TH NOVEMBER 2023

10:00AM - 4:00PM

CMW

€120.00

Make your own cheese with Silke Cropp. Spend the day learning the art of cheese making from Silke who has been making goat, cow and sheep milk cheeses for yonks. From the 10 litres of Raw Milk under Silke's instruction everybody will make 1kg of Hard Cows' milk cheese along with a soft cheese.

WINTER FESTIVE FAYRE

SUNDAY 10TH DECEMBER

2023 - FAMILY FUN DAY, STALLS, FOOD AND MUCH MORE

WINE & CIDER MAKING

WITH PHIL WHEAL

SUNDAY 19TH NOVEMBER 2023

10:00AM - 4:00PM

WCM

€80.00

Phil will demonstrate and show all the steps involved in producing good quality wines. Learn how to make your own country wines and how to keep an interesting wine cellar on the go all year round. All equipment needed will be shown and you will be tasting a selection of homemade wines. The day includes a short session on how to make your own cider.



Seeds Listings

AUBERGINE

VIOLETTA LUNGA 3(50) AUBB €2.75

Quite early variety with relative slender, deep purple fruits with a green handle. Be careful with thorns.

BEETROOT

CHIOGGIA (200) BECH €2.75

An old variety, originally bred in the Italian village Chioggia. The fruit flesh has beautiful red-white rings and a soft sweet taste.

DETROIT 2 (200) BEDG €2.75

A variety for cultivation in summer and autumn, and is very suited for preservation.

EGYPTISCHE PLATRONDE (200)

BEGD €2.75

An early variety, suited for preservation. This beetroot has a sweet taste. Do not replant the beetroots.

GOLDEN (200) BEGO €2.75

Bright orange skin and pale-yellow flesh. In size somewhat smaller compared to other beetroot varieties.

COLOURFUL BEETROOTS (200)

BECB €2.75

This colorful mix consists of 5 rare varieties. They vary both in color, shape and taste. Use raw or cooked as a salad or vegetables.

BEANS - BROAD, CLIMBING, POLE, RUNNER ETC

ELEONORA (35) BBE €2.75

A selection from 'Express' which stays short, so the crop is not prone to falling over.

RATIO (35) BBRO €2.75

New, high-yielding, tasty, white seeded bean. It has a multi-branched slightly short habit so is high yielding and resistant to falling over.

HANGDOWN, GREEN HEARTED

(35) BBGH €2.75

Very high yielding, medium late maturing, robust variety with long, hanging pods. The green, soft, milky-ripe beans are traditionally cooked.

NECKAR QUEEN (60) BFNQ €2.75

An absolute winner on both taste and yield. The 20 cm long legumes are very fleshy and stay succulent for an extraordinary long time.

COBRA (60) BFCO €2.75

Professional quality bean with long round pods which remain very straight. Long cropping period. Vigorous, stringless and resistant to BMV 1.

GOLDEN GATE (60) BCGG €2.75

Very nice, robust bean with bright yellow, stringless, aromatic tasty, flat-podded beans.

HELDA (60) BCHE €2.75

The legumes are long, quite broad and flattened. Flat-podded bean varieties are very productive.

POLE LAPWING BEAN (60) BPLB €2.75

A robust crop with beans that look like plover's eggs. Both the legumes as well as the seeds are lovely red-dotted.

BLAUHILDE (60) BCBL €2.75

Medium-late ripening, round-podded, high-yielding variety with 25 - 27 cm long, straight pods.

LADY DI (30) BRLD €2.75

Vigorous, string-less runner bean, has green pods and red & black seeds looks beautiful in full flower.

EMERGO (30) BREM €2.75

A strong and productive crop with white flowers and very long, thick and dark green legumes.

BONELA (30) BRBO €2.75

Very large-grained Styrian scarlet runner bean, lush, red flowers and black-purple speckled, Excellent taste.

HELIOS (30) BBHE €2.75

Helios is a robust, well-growing, high-yielding early-ripening variety light yellow pods are slightly curved and carry shiny black beans.

COMPASS (60) BFCP €2.75

Extra-refined French bean, 'haricot vert' type. It is stringless and has a good flavour.

FARADAY (60) BFFD €2.75

Very fine French bean, 'haricot vert' type, which is stringless and has a very good flavour. This variety has a long picking period

DIOR (60) BFDR €2.75

Homogeneous fruiting. The straight, yellow pods are neatly distributed on the outside of the plant, making them easy to pick.

PURPLE TEEPEE (60) BBPT €2.75

Medium-early ripening variety with purple, stringless, round pods, which turn dark green after cooking.

TRIO OF BUSH BEANS (60) BTBB

€2.75

A mixture of 3 bush beans proven for out door cultivation. The pods are green, yellow and blue.

TRIO OF RUNNER BEANS (60) BTRB

€2.75

Three reliable varieties with guaranteed yield in outdoor cultivation. This mixture contains runner beans with a round cross-section in green, yellow and blue.

BRUSSELS SPROUTS

NAUTIC F1 (25) BSNA €2.75

Harvest early October to late November from a May transplant. Tasty round button sprouts.

DORIC F1 (25) BSDO €2.75

Excellent sprout for Christmas. Does not grow too tall so good for exposed sites. Round buttons with fine flavour. Crops Nov-February.

GRONINGER (50) BSG €2.75

An old landrace with a high variation. It is an ideal vegetable for autumn and winter.

IRENE F1 (25) BSIR €3.75

An early variety. Productive with a mild flavour. Round sprouts with good keeping quality.

BROCCOLI

BELSTAR F1 (50) BRB €3.75

Suitable for growing in summer and autumn. These are compact, very productive plants.

GREEN CALABRESE (250)

BRGC €2.75

Closely related to cauliflower, although the leaves are more narrow and waved. Both the head, side shoots and sprouts can be eaten.

LEONORA (250) BRLE €2.75

Medium early variety for immediate consumption and short-term storage.

PURPLE SPROUTING RIOJA F1 (35)

BRPR €2.75

Rioja is an F1 hybrid with compact and dense florets.

PURPLE SPROUTING SANTEE F1 (35)

BRPS €3.75

A dual purpose variety for summer, autumn or spring harvesting. bushy plants produce large, tasty purple spears.

CABBAGE, SAVOY

CANTASA (35) CAVC €3.25
Fantastic dark green, flattish round heads on a short stem with dark green, finely blistered outer leaves.

DEADON (50) CAVD €3.50
Cold-hardy with striking sage-purple wrapper leaves and lime green interiors.

BLOEMENDAAL YELLOW (200) CAVBY €2.75
Hardest breed of all savoy cabbage varieties. The green-yellow (turning gold-green) slightly curled cabbage has a very good and tender taste.

CABBAGE

CARAFLEX F1 (35) CACX €3.75
Fast growing pointed cabbage. Professional standard, high quality cabbages can be produced throughout the summer and into autumn.

FARAO F1 (35) CAFO €3.75
Delicious early cabbage. Attractive deep green, heads are filled with tender, thin, crisp, peppery-sweet leaves.

LENNOX F1 (35) CALX €3.25
The standard for quality winter cabbage. Very productive with vigorous, uniform growth.

FILDERKRAUT (35) CAFT €2.75
The tastiest one of the white cabbages. This variety is smoother and somewhat sweeter in comparison to other varieties.

CHINESE CABBAGE

GRANAAT (100) ORGN €2.75
Long green heads with crisp leaves. Valuable salad crop which can mature in 7 weeks, or be cut early for cut and come again.

RED CABBAGE

KLIMARO (50) CARK €3.25
The interior of this Bejo hybrid is brilliant red with a dense structure.

RODYNDAL (50) CARR €3.25
Vigorously growing variety, with short stalk, robust roots and strong outer leaves. Heavy heads with a short inner stalk and a sweet, aromatic, not too sharp taste. Good for raw consumption.

CARROTS

AUTUMN KING 2 (800) CRAK €2.75
Big, orange-red carrots and forms a big crop. The carrots are nice and sweet and this variety has excellent storage properties.

MIAMI F1 (500) CRMI €2.75
A mid-late season Nantes hybrid for cropping late summer and autumn. Smooth, slender blunt ended carrots with strong tops

AMSTERDAM 2 (800) CRBE €2.75
An attractive, slender, cylindrical bunching carrot with a delicious flavour.

YELLOWSTONE (500) CRYE €2.75
Remarkable yellow main crop carrot with an excellent flavour both raw and cooked. Slightly tapered with smooth skin and crunchy texture.

NANTES 2 (800) CRNA €2.75
Tastes sweet and has pretty, cylindrical carrots with a blunt ending. Decreasing plant density will result in somewhat larger carrots.

MARUSCHKA (800) CRMA €2.75
Medium-length, wide, conical, cream white carrot with only little green shoulder and stable foliage. Particularly suitable for cooking, which brings out its plump, warm, carrot-typical taste.

MIXTURE (800) CRMI €2.75
This colorful mix consists of 4 varieties. The diversity is manifest in color, shape and flavor. Do not sow too late as these are rather slow growing varieties.

JAUNE DU DOUBS (500) CRJD €2.75
Traditional variety from the Doubs region of eastern France. Long tapered yellow carrots with green shoulder. Slow growth, hence sow as early as possible. Stores well.

NANTES 2 (800) CRNA €2.75
Rather short carrot of the Chantenay type. 12-16 cm in length, good colour inside. Aromatic, slightly tart taste. For medium to early harvest.

CAPE GOOSEBERRY

DWARF CAPE (15) CPGO €2.75
Produces small yellow fruits with a pineapple-like flavour. The fruits are ripe once their balloon-like coverings are dry and transparent.

CELERIAC

FAME OF ZWIJNDRECHT (250) CEFZ €2.75
Forms a turnip with a diameter of about 10 cm and is smaller than the most common celeriac. Cover during frost.

IBIS (250) CEIB €2.75
Rapidly growing, bolt resistant variety. Forms spherical, smooth tubers with white, spicy flesh. Green, medium-length, upright foliage with a small base.

CAULIFLOWER

ROMANESCO 'FLAMENCO F1' (25) CFFL €4.00
High, bright white, domed heads with dense curds.

GOODMAN F1 (50) CFGO €3.25
Crop in June from a mid March transplant this is an excellent summer cauliflower. It has solid curds and upright dark green leaves.

LIRIA F1 (25) CFLI €3.75
Suitable for early autumn cultivation. Good self-covering which keeps the head nice and white. A strong crop.

MEDALLION F1 (25) CFSM €3.50
Excellent professional standard cauliflower for over-wintering. Large, well-protected curds of top quality. Matures in February and March.

BREMEO F1 (25) CFBF €3.75
Suitable for early summer cultivation. This cauliflower has a flattened, round head and good firmness.

ROMANESCO 'VERONICA F1' (15) CFRV €3.50
Suitable for late summer cultivation. This unusual and attractive cauliflower consists of many little yellow-green 'towers'. Very uniform crop.

DI SICILIA VIOLETTA (50) CFGO €3.25
cold-resistant variety which forms robust plants with round, strikingly violet heads which turn pink when cooked.

CELERY

TALL UTAH 52/70 (300)
CLTU €2.75

Green stalks with no earthing required. High yielding with juicy firm stems. Crop September.

CHINESE PINK CELERY (300)
CLCP €2.75

Stem celery with medium-early ripeness and an exceptionally attractive color.

CHARD

PERPETUAL SPINACH (250)
CHPS €2.75

An easy to grow leaf vegetable on all types of soil. This variety has thin veins with a lot of green leaves and can be prepared in multiple ways.

FIVE COLOURS (200)
CHFC €2.75

A lovely mixture of various coloured stems and leaves. Can be used as baby leaves for salads or cooked when fully grown.

SUNSET SELECTION (200)
CHSS €2.75

A variety with stunning yellow-orange stems and green leaves. This chard will also grow well in autumn and winter in a frost-free greenhouse.

MAGENTA SUNSET (200)
CHMS €2.75

Magenta Sunset is a real eye-catcher in the vegetable garden! The fast-growing swiss chard provides deep light green leaves on bright pink-violet stems.

CHICORY

PAIN DE SUCRE (200)
CCPA €2.50

The oblong crops can, just like endive, be eaten both raw and cooked. It grows in every soil type and a little fertilisation is sufficient.

GRUMOLO VERDE (200)
CCGV €2.50

Harvesting from early spring onwards. Do not let rosettes grow too large before harvesting them, as they become increasingly bitter.

PINTONE TT (200)
CCPTT €2.50

Dark-red chicory with distinct, white veins. Compact, longish heads, thick leaves. Ready for harvest 100-110 days after planting.

CORN SALAD

VIT (500) CSVT €2.75

Vigorous variety for spring and autumn crops as well as overwintering. Deliciously tender glossy leaves. Also has mildew resistance.

COURGETTE

BLACK BEAUTY (15)
COBB €2.75

A dark green variety that will grow on every well-fertilized soil. Do not make the ground too wet after sowing.

OLA GABRIELLA F1 (15)
COOG €2.75

Productive yellow courgette with a mild, sweet taste. This plant has a parthenocarpic habit so the fruits set early in the season without the presence of male flowers.

ZUCCHINI (15)
COZI €2.75

Summer Squash Zucchini is a light green courgette that will grow on every well-fertilized soil.

TONDO DI PIACENZA (15)
COTP €2.75

The Italian version of Ronde de Nice produces round, tasty fruit with a dark skin. Harvest in time, otherwise they will become too big.

SELECTION SATIVA (15)
COSS €2.75

Bushy, early courgette with yellow, very tender-skinned fruit. Open growth habit. Cultivate in same way as any green variety.

GOLDEN RUSH (150) COGR €2.75

Elongated, golden yellow fruits have an extremely delicate, intensely aromatic taste.

COCOZELLE VON TRIPOLIS (150) FEFO €2.75

Long, dark green striped fruits with fine flesh and excellent taste. Very high yield potential. Popular hobby gardener variety.

CUCUMBER

TELEGRAPH IMPROVED (20)
CUTI €2.75

An old English variety. These plants need support in order to produce long, straight fruits.

HOKUS, GHERKIN (20)
CUHO €2.75

Open-pollinated gherkin best picked at about 10 cm long. Plants are vigorous and early fruiting giving very high yields of excellent fruits.

MARKETMORE (20)
CUMA €2.75

Dark-green, spiny, fruits produced on very prolific vines. Widely grown variety around the world it tolerates cool weather and is resistant to virus and diseases.

CUCAMELON (20)
CUCU €2.75

Cucumber-type climbing plant, produces a multitude of olive-sized dark green fruit with light green marbling. The tiny cucumbers can be consumed fresh, or pickled.

TANJA (20)
CUTU €2.75

Productive variety for cultivation outdoors or in cold frame. Dark green fruit grow to 35 cm in length. Good taste, firm flesh; does not turn bitter.

FOOTHILL GRAPE (150)
CUFG €2.75

Proven high-yielding pickling cucumber variety. crunchy fruits should be harvested repeatedly to pickle fruits of the same size.

KALE

CURLY RED KALE (50) KARG €2.75
Beautiful purplish-red leaves. The colder the nights, the more purple the leaves become.

WESTLAND WINTER (50)
KAWE €2.75

Large plant type with blue green, well curled leaves. Very high yielding and has proven to be very winter hardy. Cut October to March.

NERO DI TOSCANA (100)
KANT €2.75

Dark, heavily blistered strap-like leaves which grow abundantly from the centre of the plant. Hardy and tasty. Also called Black Cabbage.

ROSCO (100)
KARO €2.75

Red kale selected for healthy plant and vitality. Strongly curled leaves develop their typical, slightly sweet and aromatic taste after the frost, individual leaves can be harvested throughout whole winter.

RED RUSSIAN (50)
KAWE €2.75

Very attractive feather cabbage with blue-green, strongly serrated leaves and red veining. Leaves are softer and sweeter. It is therefore particularly interesting as a baby kale.

FENNEL

FINO (150) FEFO €2.75

Early and high quality fennel with resistance to bolting. Thick, tasty, round bulbs with fine anise flavour to braise or grate raw.

GARDEN ORACHE

GREEN (250) GOGR €2.75

Can be prepared in a similar way as spinach. It can be grown on all types of soil. In order to harvest young leaves continuously you should sow frequently.

RED (250) GORD €2.75

Has a high decorative value. It can be prepared in a similar way as spinach. In order to harvest young leaves continuously you should sow frequently.

GARDEN CRESS

CRESSIDA (700)

GCCA €2.75

Germinates and grows fast, therefore it should be sown with regular intervals. It can also be grown as a sprout in a bowl on the windowsill throughout the year.

KOHL RABI

DELIKATESS BLUE (120)

KRDB €2.75

Gives nice blue purple tubers with white fruit flesh. Kohlrabi is a fast growing crop with a lovely taste and can be eaten both cooked and raw.

SUPERSCHMELZ (100)

KRSS €2.75

Traditional variety with pale green skin and white flesh. Can grow to a good size without going woody and will store well.

DELIKATESS WHITE (120)

KRDW €2.75

Gives nice light green tubers with white fruit flesh. Kohlrabi is a fast growing crop with a lovely taste and can be eaten both cooked and raw.

AZUR STAR (120)

KRAS €2.75

Shiny purple, slightly flattened, tender bulb with fine-stemmed, medium-strong leaves and a delicious kohlrabi taste.

LEAF MUSTARD

GOLDEN FRILLS (400)

LMGF €2.75

A mustard variety with fine incised, fresh green leaves and a spicy taste.

PURPLE FRILLS (400)

LMPF €2.75

Purple Frills is a mustard variety with fine incised, deep purple leaves and a spicy taste.

RED GIANT (500)

LMRG €2.75

An Asian leaf vegetable from the mustard family. This variety forms a loose crop with nicely red-green, somewhat ribbed, round leaves and a spicy taste.

LEEKS

AUTUMN GIANT 2 (350)

LKAG €2.75

An outstanding variety for autumn cultivation. It is a robust variety with a thick stem and very vigorous.

BLUE GREEN AUTUMN (350)

LKBG €2.75

Leek 'Blauwgroene Herfst' is quite strong and does not suffer wear and tear in the late autumn/winter.

BANDIT (250)

LKBA €2.75

Heavy yielding and uniform variety with long shanks and blue-green, upright foliage. Crops from Mid-March through May.

HILARI (250)

LKHI €2.75

Medium-green in colour, with long, closed stems. Suitable for harvesting in late summer, autumn, or early winter. Tolerates moderate frost.

LETTUCE

MARVEL OF FOUR SEASONS (200)

LTMS €2.75

A very reliable spring, summer and autumn variety. This lettuce has a beautifully shaped head, is fairly resistant to fungal diseases, and has a nice tender bite.

BLONDE DE PARIS (600)

LTBP €2.75

Bright green heading Batavian lettuce with attractive crinkled leaves that look great in a salad. Sow March through July.

LITTLE LEPRECHAUN (200)

LTLN €2.75

Lovely small cos type with striking red leaves and crisp, tasty hearts. Leaves are slightly savoyed.

RED SALAD BOWL (800)

LTRS €2.75

Large loose Oak Leaf lettuce with red leaves, which can be cut whole or used as cut and come again. Said to be less attractive to slugs.

GREEN SALAD BOWL (700)

LTGS €2.75

Excellent cut and come again lettuce to add interest to salads. Masses of tender long light green leaves form a large sprawling head.

LOLLO BIONDA (200)

LTLB €2.75

Green, very fringed, Loose Leaf type to cut whole or for cut and come again.

LOLLO ROSSA (200)

LTLR €2.75

Similar to Lollo Biondi but with a lovely deep red tinge to the outside of its leaves. Gives better colour if grown outside rather than in tunnels.

LITTLE GEM (200)

LTLG €2.75

Crisp, green leaves have a high proportion of yellow and an excellent sweet taste.

MESCLUN

SALAD LEAVES (800)

LTMX €2.75

Economical mix of Butterhead, Cos, Crisphead and Loose Leaf types giving variety of texture and taste right through the season.

ORIENTAL MIX (400)

LTOM €2.75

A delightful mixture of vegetable varieties that can be grown as 'baby leaf' vegetables: Pak Choi, Turnip Greens, Chard, Chinese Cabbage and Leaf Mustard.

ONION, SCALLION

WHITE LISBON (500)

ONWL €2.75

Very quick growing spring onion and one of the most popular gardeners seeds ever produced. Can be sown successionally from Feb through to late summer. NIAB Rec.

ISHIKURA LONG WHITE (500)

ONIS €2.75

Select version of the Japanese bunching onion, Ishikura. It does not bulb but forms long, thick, white stems which are both tasty and quite frost hardy.

PARADE (500)

ONPA €2.75

Attractive, modern variety which does not bulb. Lovely, green, upright foliage. Fast and strong growing with great taste.

ONION

STUTTGARTER (250)

ONSR €2.75

A storable yellow, flat round onion, which can be used for the cultivation of scallions as well.

HYLANDER F1 (200)

ONHR €2.75

A top quality Rijnsburger hybrid with valuable resistance to downy mildew. Vigorous grower and high yielding giving high quality onions that store well.

RED BARON (250)**ONRE** €2.75

Round, slightly flat, red onion. Tasty firm bulbs which have a mild flavour. Pick young or allow to mature for good storage onions.

RIJNSBURGER 4 (250)**ONRB** €2.75

Has beautiful round, straw yellow onions, which have an excellent storage capacity. When the leafage starts to die, the onions should be harvested.

PEAS**BLUE SHOCKER (200)****PEBS** €2.75

Purple field pea Blauwschokkers is a firm crop and a dwarf type. Both the flowers and legumes are purple. Suited for fresh use and conservation.

KELVEDON WONDER (200)**PEKW** €2.75

Productive, early, wrinkle seeded pea. Ideal for successional sowing from spring through summer. Large dark green pods. Ht. 45 cm.

FIRST EARLY MAY (200)**PEFM** €2.75

Climbing pea First Early May is an early and productive variety, suited for every type of soil. The seeds are rather fine and round.

SENATOR (200)**PESR** €2.75

A vigorous and very productive variety. It is a firm, wrinkled pea, which tastes a bit sweet.

GREY RED FLOWERING (75)**PGF** €2.75

Has beautiful red flowers. The legumes are somewhat sweeter in a more mature stadium (when the seeds are just visible).

HENDRICKS (75)**PHK** €2.75

Has a very long grow period. The legumes are somewhat sweeter in a more mature stadium (when the seeds are just visible).

NORIL (75)**PNO** €2.75

Early great yielding sugar peas variety with relatively low height and good stability. Norli is characterised by a very sweet taste and beautiful, tender, non-ragged pods. Resistant to the Fusarium wilt.

PAK CHOI**TAISAI (250)****PCTI** €2.75

Pakchoi Taisai is a fast growing leaf vegetable from Eastern Asia with grey-green leaves like a loose rosette.

PEPPER, SWEET**JUBILANDSKA (30)****PPJA** €2.75

A sweet pepper with oblong fruits. The young fruits are green, while maturing they become red.

VIOLETTA (30)**PPVL** €2.75

Violetta bell pepper variety is strong, stable vegetation. Large, thick-walled, crunchy bell pepper ripen from deep purple to green and on to red.

AFRODITA (30)**PPAF** €2.75

From green to orange-yellow ripening bell pepper with blocky, slightly stronger ribbed, thick-walled fruits up to 200 g.

JULIETTA (250)**PPJU** €2.75

Sturdy, extremely high-yielding variety. Ripened to shiny red, approx. 17 cm long fruits with fresh-sweet, medium-thick flesh.

PEPPER, CHILLI**WESTLANDSE LANGE RODE (30)****PPWL** €2.75

Has relatively small hot fruits. The pepper is oblong and pointy shaped. The young fruits are green, while maturing they become red.

MILDER SPIRAL (30)**PPMS** €2.75

Classical Austrian mild chilli peppers variety ideal for pickling. Very long, pointed, spiral shaped fruits ripen from yellow-green via orange to red and can also be harvested and pickled in the early, yellow-green stage of ripeness.

DIAVOLETTO (30)**PPDI** €2.75

Elongated, fleshy chilli with attractive purple flowers, stems, calyxes and leaf veins. The fruits ripen from purple, golden-brown to orange-red.

PARSNIP**TENDER AND TRUE (500)****PSTE** €2.75

This is an excellent exhibition variety with large long roots. Good flavour canker resistance.

MEDIUM LENGTH WHITE (500)**PSTE** €2.75

High-yielding, half-length, creamy white parsnips. Uniformed wedge-shaped, thick roots with tall, strong and healthy foliage.

RADISH**FRENCH BREAKFAST 2 (400)****RAFR2** €2.75

Popular half-long, white tipped variety. Attractive and tasty. Quick growing and slow to go pithy.

RUDOLF (400)**RARL** €2.75

Professional quality radish ideal for the earliest crops under cover and throughout the season outside. Round scarlet roots of uniform size slow to go woody and taste great.

BLACK SPANISH ROUND (200)**RABS** €2.75

Very suited for crudités in autumn and winter. It grows on every type of soil.

DAIKON (200)**RABS** €2.75

Long, white, mild summer radish from Japan. Particularly suitable for sowing in the summer months.

FRENCH BREAKFAST 3 (400)**RAFR3** €2.75

Medium-long, very attractive, mild-spicy radish with a cylindrical, red root and white tip.

ROCKET**SELVATICA (500)****ROSC** €2.75

A more intense flavour that is sharp and clean, unlike salad rocket, which can become bitter with age in hot weather. They have so much flavour, they hardly need a dressing.

ESMEE (1000)**ROES** €2.75

Attractive highly lobed rocket gives a new shape to leafy salads. Vigorous grower and a good taste.

ROOT PARSLEY

HALFLANGE (300)

PAHL €2.75

A variety of parsley of which, besides the flat, dark green leaves, the thickened root can be used as well. Parsley is a biannual crop, which is commonly grown as an annual plant.

PURSLANE

SUMMER PURSLANE (2000)

PUSP €2.75

Succulent leaves make an excellent addition to summer salads or can be stir-fried or boiled.

WINTER PURSLANE (2000)

PUWP €2.75

Also known as Claytonia or miners lettuce, it tastes quite like spinach and is full of vitamin C.

SPINACH

GIANT WINTER (500)

SPGW €2.75

Large leaved winter variety which is sown from Aug to the end of Oct. For late winter use. Can also be sown in March for a summer crop.

NEW ZEALAND (250)

SPNZ €2.75

Belongs to the family of purslane (Portulacaceae) and looks completely different than regular spinach. The leaves and stems can be picked regularly.

EARLY GIANT LEAF (500)

SPEG €2.75

Fast growing, sharp seeded variety. Especially suited to early and late cultivations. Good cold tolerance. Large tender leaves that are very tasty.

SCORZONERA

VRN ENORMA (150)

SCLB €2.75

Heavy yielding with long, smooth, black roots. Excellent flavour and good resistance to bolting. Interesting root crop which is easy to grow.

SQUASHES, PUMPKIN TYPES

JACK'O'LANTERN (10)

SQJO €2.50

The perfect Halloween pumpkin and certainly one of our most popular. Medium sized golden fruits ready in about 4 months.

SQUASHES, NON-PUMPKIN TYPES

WINTER FICTOR (10)

SQWF €2.75

Dark orange/red winter squash with attractive, uniform fruits. 'Fictor' is a trailing 'family intercross' (FIC; crossing result between two genera of different families)

GREEN HOKKAIDO (10)

SQGH €2.75

Our favourite squash thanks to its dry and nutty flavour, orange-yellow flesh. Stores well, up to February from a September harvest.

RED UCHIKI KURI (10)

SQRK €2.75

Onion shaped squash with bright, orange skin and lovely, nutty flavour. High yielding and easy to grow.

MINI BUTTERNUT (10)

SQMB €2.75

The pear-shaped little butternut, The fruit flesh is sweet, slightly nutty. Up to 750g in weight, very good for storage when fully ripe. The ideal pumpkin for a singles kitchen.

BUTTERNUT (10)

SQBN €2.75

Productive large butternut which grows up to 30 cm long. Dense flesh and stores well.

SWEET DUMPLING (10)

SQSD €2.75

Sweet Dumpling, with its small fruits and the light orange flesh reminiscent of chestnuts, is an ideal fried pumpkin.

FUTSU BLACK (10)

SQFB €2.75

Very beautiful nutmeg pumpkin, the strongly ribbed fruits of which change color from dark green to terracotta with a gray patina as they ripen.

CROOKNECK PUMPKIN (10)

SQFB €2.75

Trumpet of Albenga pumpkin. Imposing, yellow-green, club-shaped fruits with a long, thin, completely seed-free neck and a small seed cavity. Orange, firm flesh with an excellent, slightly nutty taste.

SWEDE

YELLOW FRIESIAN (300)

SWYF €2.75

A tuberous plant which is easy to cultivate and easy to combine as successive crop for an early crop. This swede is frost proof.

WILHELMSBURGER (300)

SWWI €2.75

Traditional valuable winter vegetable, versatile usage in cooking. Yellow swede (rutabaga) with solid flesh, keeps well. Undemanding.

SWEETCORN

GOLDEN BANTAM (50)

SCGB €2.75

Good quality cobs, early and sweet non hybrid which is used as a basis for many of the newer varieties. Larger kernel size than most modern types too. Heirloom variety.

MY FAIR LADY F1 (50)

SCFL €2.75

High-yielding two-colour hybrid. 'My Fair Lady' produces slim cobs 18-20 cm long.

TOMATO - CHERRY, ROUND & PLUM

BARTELLY F1 (5)

TOBT €3.75

A modern hybrid cherry tomato with very long trusses and a good taste balance between sweet and sour. Good disease resistance. Ideal for the unheated greenhouse.

YELLOW CLEMENTINE (25)

TOYC €2.75

Cherry tomato Clementine has very big trusses with round, yellow tomatoes. The fruits weigh around 8-15 grams.

SUGAR GRAPE (25)

TOSG €2.75

Very popular cherry type mainly for use under cover, though can be grown outside in sheltered areas. Large trusses laden with tasty fruits which will crop right through the summer.

GREEN ZEBRA (25)

TOGZ €2.75

Gives very special fruits with a weight of around 100 grams. When unripe, the fruits are light green and have dark green stripes.

MARMANDE (25)

TOMM €2.75

Quite a big beef tomato that is slightly ribbed. The stem needs support and the suckers need to be removed regularly.

MATINA (25)

TOMA €2.75

Early tomato for greenhouse or outdoor use. Medium sized bright red fruits with good resistance to splitting and to cold weather.

YELLOW SUBMARINE (25)**TOYS** €2.75

Yellow, very tasty stake tomato. The pear shaped, aromatic-sweet fruits grow in long bunches. Very popular variety, not only for children.

ROMA VF (25)**TORVF** €2.75

Semi-determinant growth form. Large broadly elongated fruits show lush flesh with a low content of seeds.

OCHSENHERZ CUOR DI BUE (25)**TOOCDB** €2.75

Heart-shaped, crimson, medium to large fruits- sized flesh tomato with an excellent taste. Vigorous growing, medium-late ripening stake tomato.

BERNER ROSE (25)**TOBR** €2.75

The Bern Rose is a traditional flesh tomato with a thin fruit skin. Middle-late ripening variety with large, round, noticeable light pink color fruits.

BOLSTAR SENSATICA F1 (25)**TOBS** €4.00

Deliciously sweet, semi-long life plum tomato, suitable for polytunnel production and slightly heated greenhouses.

TURNIP**FLAT WHITE MAY (500)****TUFL** €2.75

Fast growing flat white roots for harvesting in May and June from a spring sowing or in the autumn from an August sowing. Tasty tender flesh of good quality.

MILAN PURPLE TOP (500)**TUMI** €2.75

An old vegetable with a beautiful bicoloured turnip that tastes very good when raw.

MIZUNA (500)**TUMZ** €2.75

Turnip Top Mizuna is a fine Japanese cabbage leaf and has a loose crop with pinnate, light-green leaves with a little vein.

SNOWBALL (500)**TUSN** €2.75

High-yielding, rapid-growing turnip variety. Tender, firm flesh with a spicy, slightly sweet taste. Excellent variety for raw consumption.

MELON**SUGAR BABY (10)****WMSB** €2.75

A beautiful small watermelon weighing about 1.8 kg. Growing on flat fields in a greenhouse or in flat trays is recommended.

CHARENTAIS (10)**MCH** €2.75

Charentais has orange, extremely tasty, sweet flesh. High-yielding variety for warm, protected outdoor locations and greenhouse cultivation.

CONSERVATION VARIETIES**MALBAR SPINACH****CVMS** €2.75

Attractive, fantastically high-yielding climbing plant with pretty lilac flowers and countless, fleshy leaves.

STRAWBERRY SPINACH**CVSS** €2.75

The eared strawberry spinach is an annual, extremely attractive plant that grows 20 to 60 cm tall and has a basal rosette of leaves.

ASPARAGUS LETTUCE**CVAL** €2.75

High-yielding vegetable specialty from East Asia with thickened, club-shaped stems up to 1 m long.

TOMATILLO CVTO €2.75

The very high-yielding Tomatillo variety delivers large, yellow fruits with a sweet and sour taste.

OKRA CVOK €2.75

Annual, to 2.5m-high plant with 10-15cm long fruits, which are mild, slightly dry.

LYCHEE-TOMATO ()**CVLT** €2.75

Semi-determinant lychee tomato is similar to the tomato family. However, it's characterized by strong thorns on the trunks, leaves and fruit shells. These fruits are in shape of cocktail tomatoes.

ARTICHOKE GREEN GLOBE**CVAGG** €2.75

The edible flower of the artichoke plant is an absolute delicacy. Sow from February in pots. Prickout early after germination.

LUFFA**CVLU** €2.75

This heat-loving pumpkin variety with its magnificent flowers is similar to cucumbers in its cultivation. Harvested young and edible when steamed. Skeletal parts of the ripe fruits are popular zero-waste kitchen and bath sponges.

WE ARE SOURCING MORE SEED VARIETIES AND WILL UPDATE THESE ONLINE.

IF YOU DO NOT SEE WHAT YOU'RE AFTER THEN PLEASE GET IN TOUCH WITH OUR SALES DEPARTMENT:

SALES@THEORGANICCENRE.IE
OR CALL US ON 071 985 4338.

HERB SEEDS

ANISE (200) (A)
HBAE

€2.75

Anise is a perennial herb with an explicit taste. Usually, the seeds of this herb are used as a medicine or in the kitchen.

BASIL, CINNAMON (600) (A)
HBCI

€2.75

Cinnamon flavour basil from Mexico. Ht. 45cm.

BASIL, DARK OPAL (600) (A)
HBDO

€2.75

Red basil is an annual herb with a nice, strong smell. This variety is deep purple with medium sized leaves.

BASIL, GENOVESE (600) (A)
HBGE

€2.75

This variety needs plenty of water, light, warmth and nutrients. The herb is very aromatic and ideal for making pesto.

BASIL, THAI (600) (A)
HBTH

€2.75

Used in Thai cooking, attractive purple flowers and stems. Unique scent and taste.

BORAGE (100) (A)
HBOR

€2.75

Beautiful blue bee plant with edible flowers. Easy to grow.

CARAWAY (250) (B)
HCAR

€2.75

Leaves and seeds used as garnish and flavouring. Ht. 60cm.

CELERY PLAIN CUT (500) (A)
HCPC

€2.75

An annual herb and can be cut multiple times. The freshly cut leaves can be used in different dishes, such as salads and soup.

CHAMOMILE (4000) (A)
HCHA

€2.75

Daisy-like flowers for teas and skin/hair wash. Ht. 60cm.

CHERVIL (500) (B)
HCHR

€2.75

Delicate. Curled. fern-like leaves. Look similar to parsley and can be used in the same way.

CHIVES (850) (P)
HCCV

€2.75

Mild onion flavour, medium sized leaves to be cut for salads and sandwiches.

CORIANDER (500) (A)
HCFI

€2.75

Improved coriander. High yielding slow bolt variety for leaf production. Ht. 1m.

DILL (900) (A)
HDIL

€2.75

Tetra variety with a sweet taste. Ingredient in sauces and pickles. Ht. 90cm.

ECHINACEA (200) (P)
HECH

€2.75

Purple coneflower. Attractive border and cut flower. Medicinal properties. (Ech. Purpurea)

FENNEL, COMMON (230) (P)
HFEC

€2.75

Green leaved with distinctive scent and flavour.

FENUGREEK (500) (A)
HFEG

€2.75

Often used in veterinary medicine and its seeds are an important ingredient in curries.

HYSSOP (300) (P)
HHYS

€2.75

Fine blue bee plant. Ht. 45cm.

LAVENDER (500) (P)
HLAE

€2.75

Scented lilac flowers. Tricky to germinate but well worth the effort. Tall type for hedges. 90cm.

LEMON BALM (200) (P)
HBAL

€2.75

Strong lemon scented bushy herb. Makes a delightful tasty tea. Ht. 75cm.

LOVAGE (100) (P)
HLOV

€2.75

Large shrub with celery like taste to leaves and stems. Ht. up to 2m.

OREGANO (1300) (P)
HORG

€2.75

Special variety with fine flavour. The best for culinary use and a must for pizza. Ht. 60cm.

PARSLEY, COMUN 3 (500) (A)
HPC3

€2.75

Usually, this variety can be cut three times per season. Parsley is used in a lot of different dishes, such as soup and dishes with carrots.

PARSLEY, GIANT OF ITALY (500) (P)
HPGI

€2.75

This herb stimulates the digestion and is used in a lot of different dishes, such as soup and dishes with carrots.

PARSLEY, MOSS CURLED 2 (500) (P)
HSOF

€2.75

The leaves are suited for garnishing and can be best picked just before dinner. Parsley is an annual crop and the plant regrows continuously.

ROSEMARY (60) (P)
HR0S

€2.75

Evergreen shrub with needle shaped leaves. Culinary favourite. Ht.1m. Slow to germinate.

SAGE (100) (P)
HSAG

€2.75

Perennial bush providing tasty aromatic leaves. Old plants get woody - replace every three years.

SAVORY, SUMMER (1200) (A)
HSUS

€2.75

Plant and eat with beans. Attractive pale pink flowers. Ht.45cm.

THYME (1500) (P)
HTHM

€2.75

Perennial culinary herb which forms a decorative low shrub with flowers that bees love.

FLOWER VARIETIES

KEY: P= PERENNIAL,
HP = HARDY PERENNIAL,
A= ANNUAL, B= BIENNIAL
HA = HARDY ANNUAL,
HHA = HALF-HARDY ANNUAL,
GP = GREENHOUSE PERENNIAL.

CORNCOCKLE (40)
(A) OCCO €2.75

AGGORESTEMMA GITHAGO.

Bee plant with purple and pink flowers from June to August. Ht 1m.

SNAPDRAGON (1000)
(HHP) OFSD €2.75

Popular bedding/border annual. Mixed colours. Treat as annual. Ht. 35 cm.

POT MARIGOLD (100)
(A) OFPM €2.75

Traditional, single, cottage garden flower with bright orange blooms. A Bee's favourite

CHINA ASTER, SINGLE MIX (300)
(A) OFCH €2.75

The single-petalled China Aster is a wonderful cut flower. It produces long stems with beautiful pink and blue flowers.

CORNFLOWER (100)
(A) OCCF €2.75

Mixed version of the traditional cornflower. Red, rose, maroon, blue & white. Ht 90 cm.

GARDEN COSMOS (75)
(HHA) OFGC €2.75

Mixed Cosmos is sensitive to frost. It produces large white, light and dark pink flowers. This plant is suitable as a cut flower.

SULPHUR COSMOS (75)
(HHA) OFCS €2.75

As the name suggests, the semi-double flowers have a bright orange-red color. This plant is sensitive to frost.

SIBERIAN LARKSPUR (200)
(A) OSLP €2.75

It forms clusters of large, bright blue, single flowers. It is a low-growing plant that reaches about 50 cm.

PURPLE VIPER'S BUGLOSS
(HHA) OPVB €2.75

It attracts bees and butterflies. The flowers come in different shades of white, pink, and blue. Toward the end of flowering they turn crimson.

FOOTHILL POPPY (500)
(A) OFFP €2.75

The yellow Foothill Poppy has heavily incised leaves and a lemon yellow color. Attractive to bees and butterflies. Sow directly in April or May.

CALIFORNIA POPPY (500)
(A) OFES €2.75

Shades of orange. Easy to grow and very pretty lacy foliage. Ht.40 cm.

SUNFLOWER GIANT YELLOW (20)
(A) OSGY €2.75

Old favourite. Tall, single, large, yellow-flowered.

VELVET QUEEN (20)
(A) OSVQ €2.75

A medium- high, branched sunflower with warm bronze flowers. Very attractive.

COMMON MORNING GLORY (50)
(A) OCMG €2.75

A climbing plant that flowers in shades of blue, purple and pink. This plant will wrap its tendrils easily around a pole or trellis and opens new flowers every morning.

SWEET PEA (20)
(A) OFSP €2.75

The flowers have a wonderful scent and short stems. Regularly pick the flowers to discourage seed formation and extend the blossoming period.

ANNUAL MALLOW ()
(B) OFAM €2.75

The plant bears large, pink flowers with dark veins. This richly-branched cut flower is also an excellent plant for bees.

FLAX BLUE ()
(HHA) OFFB €2.75

Flax' upright stems are only branched at the top. This blue flowering plant is ideal as a cut flower.

COMMON MALLOW ()
(HHA) OFCM €2.75

The seeds are shaped like a cheese wheel. High mallow is a firm, branching plant with big, pink, dark nerved flowers.

CHAMOMILE ()
(HHA) OFCH €2.50

Bears white flowers with a yellow center under which is a hollow space. This plant is used for medicinal purposes and for chamomile tea.

LOVE IN A MIST (400)
(A) OFLM €2.75

Blue pink and white flowers which bloom in June. Ht 40-60 cm.

COMMON POPPY (2000)
(A) OFCP €2.75

Grows best in sunny spots in poor, sandy soil. Common Poppy is a stunning spring flower that produces highly valuable pollen for, among others, honey bees.

OPIUM POPPY 'BLACK PAEONY'
(2000) (HA) OFOP €2.75

After flowering, opium poppy 'Black Paeony' forms wonderful seed heads that can be dried. It is a robust, grey-green plant with deep, double-petalled flowers.

ANNUAL CLARY SAGE 'PURPLE' (100)
(HHA) OACSP €2.75

It produces striking, showy purple bracts at the top that enclose small flowers.

WILD FRENCH MARIGOLD (350)
(HHA) OWFM €2.75

Has a bushy habit and is ideal as a companion crop in the vegetable plot. The plant has lots of bright green leaves with single red flowers that turn orange.

NASTURTIUM, TRAILING MIX (50)
(A) OFNA €2.50

Edible leaves, flowers and seeds. Mixed colours, trailing habit.

WILD PANSY (300)
(HHA) OFWP €2.75

Tricolored wild pansy reseeds freely. It is ideal for pots and planters. The purple-yellow-white flowers continue to emerge over a very long period.

ANISE HYSSOP (300)
(HHA) OFAH €2.75

Anise Hyssop is a robust branched plant with four-sided stems topped with tall bluish-purple flower spikes.

SWEET WILLIAM MIX (500)
(B) OFSW €2.75

Popular biennial, early flowering in lovely mix of colours. Ht 40 cm.

WILD TEASEL
(B) OFWT €2.75

This sturdy, prickly plant bears lilac flowers that surround the flower head like a crown.

BIENNIAL CLARY SAGE (100)
(B) OBSC €2.75

A striking plant that has light blue flowers surrounded by large violet bracts. This aromatic plant with large, hairy leaves is loved by bees.

PURPLE CONEFLOWER
(B) OFPC €2.75

Large purplish-red petals surrounding a domed center. It is suitable as a cut flower and besides having medicinal properties, it is also very attractive.

SEED POTATOES

ON SALE EARLY NEW YEAR.

First earlies are usually ready to harvest after approx 80 - 100 days, second earlies after 110 days and main crop after 130 days. Most years earlies remain blight free. *Blight resistant potatoes are marked **. Certified organic and packed in convenient 2kg bag. (approx. 40 tubers, enough to cover approx. 6m²).

EARLY VARIETIES

CASABLANCA CASA €7.00

A new 1st early potato producing a tasty crop of attractive, creamy, smooth white tubers that are perfect for boiling and a good all-rounder. The larger tubers make excellent chips. Excellent resistance to common scab, blackleg and golden eelworm.

ORLA ORLA €7.00

Our most popular 1st early creamy potato with good resistance to blight, virus, scab and blackleg. A high yielding multi purpose potato with good flavour. Stores well. Can be grown on to maincrop.

CHARLOTTE CHAR €7.00

2nd early waxy potato with medium resistance to blight, virus and scab. High yielding, French salad type with a superb taste. Fries and stores well.

COLLEEN COLL €7.00

Has very good resistance to tuber blight, potato virus and scab. Oval tuber, light yellow skin, yellow flesh. Very good eating quality. Fries well - just the spud you long for after the long winter. About 12 weeks from planting to harvest.

ALOUETTE ALOU €7.00

Alouette is a second early variety with a red skin and yellow flesh colour that is growing in popularity. It has excellent resistance to both foliage and tuber blight.

MAIN CROP VARIETIES

SANTE SANT €7.00

Early main crop, floury potato, with very good resistance to blight, virus and eelworm. Very tasty multi-purpose potato.

CARA CARA €7.00

Oval-round, pinkish, red-eyed tubers with soft moist flesh that is excellent for baking and chipping. Maincrop potato 'Cara' has excellent disease resistance, including golden eelworm and blight, and withstands drought well. An allotment favourite! Height and spread: 60cm (24").

CAROLUS * CARO €7.00

Blight resistant variety with yellow skin and flesh and an attractive pink eye. The flesh is fairly mealy with an excellent flavour. Its ideal for mash, roast and chipped potatoes. This variety has resistance to foliage blight and tuber blight.

GOLDEN WONDER GOLD €7.00

Late Maincrop, unbeatable baking/roasting potato. Best after maturing in storage. Medium blight, potato virus and scab resistance. Red/Brown long oval tubers, cream coloured flesh, high dry matter content - therefore dry and floury. The potato exhibits excellent dormancy making it very suitable to store for long periods.

SARPO MIRA * MIRA €7.00

Late main crop. Perhaps the most blight resistant of all potatoes producing high yields of tasty, pink skinned tubers. It can develop very large tubers if allowed to grow on which have a very high dry matter making them a very floury potato. Stores very well.

SETANTA SETA €7.00

Late main crop, red Irish potato with very good blight and scab resistance. A real floury potato, suitable for roasting, baking and mashing. Delicious taste and high yields.

ORGANIC GREEN MANURE SEEDS

Why use Green Manures

- To feed the soil
- To protect & improve soil structure
- To stimulate micro-organisms
- To prevent weed invasion
- To attract beneficial insects
- To improve appearance of beds
- To rest soil

Where to use Green Manures

- On soil awaiting planting
- On empty, resting beds
- On poor soil with low fertility
- On soil with poor structure
- Between widely spaced plants

AVAILABLE FOR SPRING / SUMMER:

ALFALFA €3.50

It is used for grazing, hay, and silage, as well as a green manure and cover crop.

BUCKWHEAT BUC01ORGDIS €3.00

Weed suppressor, attracts bees, 250g. Covers 40m²

CRIMSON CLOVER CCL01ORGDISIDIS €3.50

Quick maturing N-fixer, 250g. Covers 70m²

LUPIN SWEET LUP01ORGDIS €3.00

Fast growing N-fixer, 200g. Covers 50m²

MUSTARD MUS01ORGDIS €3.50

Fast growing and robust, 250g. Covers 80m²

PHACELIA PHA01ORGDIS €4.00

Attracts bees, weed suppressor, 200g. Covers 100m²

RED CLOVER RCL01ORGDIS €4.00

N-fixer, deep rooting, 200g. Covers 100m²

AVAILABLE FOR OVERWINTERING:

VETCH, SUMMER VET01ORGDIS €3.00

N-fixer, adds org. matter, 250g. Covers 40m²

PHACELIA/WINTER VETCH MIX04ORGDIS €4.00

Quick, weed suppressing, N-fixer 250g. Covers 60m²

RYE/PHACELIA MIX05ORGDIS €3.50

Deep rooting, weed suppressing, 300g. Covers 40m²

RYE SEED RYE01ORGDIS €2.50

Deep rooting, hardy, 400g. Covers 20m²

RYE/WINTER VETCH MIX03ORGDIS €3.50

N-fixer, for late sowing, 300g. Covers 50m²

VETCH, WINTER VET03ORGDIS €3.50

N-fixer, 250g. Covers 40m²

COMFREY ROOT CUTTINGS

COMFREY Variety Bocking 14 is an excellent plant with many uses including as a fertiliser. It will do best in good soil but will grow well on most soils. Leaves can be harvested up to 5 times per year.

6 Root Cuttings COMF6 €8.00
12 Root Cuttings COMF12 €12.00

POSTAGE
6 Cuttings €3.50
12 Cuttings €4.00

Available in dormant season November to March.

NOTE: on receipt of the roots, please store in pots with sand, in a cool, frost-free place until planting.

SPROUTING SEEDS

The natural vitamin and mineral boost! They are inexpensive, easy to grow and very nutritious. Eating a variety of sprouts can provide you with the right amount of all 8 essential amino acids. They are ideal for winter greens and are easily digestible. Sprout in a "Mini Greenhouse (germinator), a jar (with a muslin type of cloth, as a lid) or grow the seedlings in punnets for tasty greens. Rinse the sprouts twice daily under the tap and drain again. Enjoy them.

ALFALFA 80g *SPAA* €4.00
Ready in 4-6 days. Vitamins A, B, C, E & K. Rich in minerals and trace elements. Use in juice, salads, sandwiches, soups, sprout loaves.

BROCCOLI 75g *SPBR* €4.00
High in anti-oxidants and vitamins make this a healthy choice as well as being a great tasting sprout for salads and sandwiches.

CRESS 75g *SPCR* €4.00
Ready in 4-5 days. Vitamins A & C, minerals. Use: breads, garnishes, salads, sandwiches.

MUNG BEAN 75g *SPMU* €4.00
Ready in 3-6 days. High quality protein, iron, potassium, vitamin C. Use: juices, Oriental dishes, salads, sandwiches, soups.

GARDEN PEAS 80g *SPGP* €4.00
Ready in 3-4 days. Pea sprouts are high in antioxidants and carotene.

RED CLOVER 80g *SPCL* €4.00
Ready in 4-5 days. Vitamins A & C, trace elements. Use: breads, salads, sandwiches, soups.

RADISH 50g *SPRA* €4.00
Ready in 4-5 days. Potassium and Vitamin C. Use: dressing, juices, Mexican-style food, salads, sandwiches, soups.

SUNFLOWER 50g *SPSU* €4.00
Sown in shallow compost to give tasty greens at 3-5cm tall.

WHEATGRASS

WHEATGRASS GRAIN 1kg
WHEA €3.50
Grow top quality organic wheatgrass to juice at home. 25g of wheatgrass juice contain the same amount of nutrients as 1kg of green vegetables.

SEED TRAY
SEEDTR €2.50
Rigid, strong seed tray with holes. Ideal for growing wheatgrass. A sowing of 150g of wheatgrass in each tray will yield 6-8 shots. Size 37x23x5c.

WILLOW CUTTINGS

BUNDLE OF 5 €5.00
POSTAGE €10.00

*Available November to March only.
On receipt plant cuttings as soon as possible.*

BIOMASS WILLOW *WBIO*
Very fast growing hybrid willow for fuel production.

BROWN MAUL *WTBM*
An osier type willow which grows from 4ft to 7ft (1.2m to 2.1m) per year. Good resistance to rust.

BRITTANY BLUE *WPBB*
It is very pliable and lovely to weave with. Grows with a slight wave, not so good for uprights.

HARRISON *WRHA*
Good quality rods drying to a reddish brown.

IRISH BLACK *WPIB*
Possibly a hybrid with a bit of Viminalis in it. It is more vigorous than Packing Twine, so is suitable for uprights. It dries green. 40

LANCASHIRE DICKS *WPLD*
Excellent for fine work as it produces small slender rods. Not very high yielding. Very high class rod suitable for peeling.

PACKING TWINE *WPPT*
A good tough variety. Not as straight as others. Dries to a dark colour.

VITTELINA *WAVI*
Straight yellow branches. Also available are long willow rods suitable for domes, 'fedges' and other willow structures. Please call us for a quote. Collection only.

PEST & DISEASE CONTROL

AGRALAN COLLARS
CBCO €7.50
Copper impregnated brassica collars which will deter cabbage root fly and repel slugs. In addition the collars will prevent weed germination around the plant and conserve moisture. 20 re-usable collars.

BRASSICA COLLARS
BRCO €4.50
Fit around the base of cabbages and other brassicas to protect against cabbage root fly. (pack of 30 collars)

BUZZLINE BIRD SCARERS
BUZZ €7.50
Humming tape gives off sound that birds will not tolerate. Keep birds from damaging crops without harming them.

WINTER TREE WASH
TRWA €14.00
Natural product containing biological enzymes which dissolve insect eggs present on dormant fruit trees and bushes. Suitable for apples, plums, pears and cherries as well as blackcurrants, raspberries, gooseberries and blackberries. 450ml

2 IN 1 PLANT INVIGORATOR
OTIO €13.50
A blend of natural plant and fish oils effective against a wide variety of insects, mites, scales as well as powdery mildew and black spot on roses. 250ml dilutes to approx 17 litres spray. 50

SLUGGO 800GR
SLUG €11.50
Replaces derrex/ferramol slug pellets. Slug pellets which can be used throughout the growing season, whenever slug and snail attack threatens garden plants. Approved for use in organic vegetable gardens and where children, pets, or garden wildlife are present.

PLANT PROTECTION NET
PPN €11.00
Ideal for strawberries, apple trees and other soft fruits and vegetables. Easily trimmed, rot proof and reusable.
Size: 8 x 4 Meters
Mesh size: 10mm x 10mm

PROPAGATION

SOIL THERMOMETER
SOIL €11.50
Check the soil temperature before sowing precious seeds and do not be fooled by the first warm days of spring!

GARDEN TOOLS

When ordering, please note that hand tools and tools without handles carry a lower postage rate of €6.00 For all other tools please add €10.00 for delivery.

ASH HANDLE
HAN17 €9.00
1.7m ash handles suitable for most tools.

GARDEN FORK
GFM €34.90
Flat tines make it easier to turn the soil and divide plants. Perfect for digging potatoes.

NURSERY SPADE
SPA1810 €83.21
Heavy duty professional Nursery Spade. Forged steel, 95cm T handle.

RAKE
RAK14 €18.50
Standard garden rake 350mm width. Includes handle.

OSCILLATING HOE
The double action Oscillating Hoe has an outstanding reputation for being fast and effective. Weeds are cut by pushing/pulling the sharp blade through the top layer of the soil, loosening the soil and improving air/water penetration. Blades are self sharpening. Without handle. Ideal for use with 1.7m handles.

HOE WIDTH 85MM OSC85 €35.00
HOE WIDTH 125MM OSC125 €36.00
HOE WIDTH 175MM OSC175 €37.00

HAND TOOLS

DIBBER *DIB425* €7.00
Our standard dibber. Wooden knob handle with steel tip. 27cm long.

HAND TROWEL *TROW* €5.50
Heavy duty hand trowel by Draper. Epoxy coated carbon steel hardened and tempered with plated ferrule, leather wrist strap and plastic handle.

WEEDING FORK *FORK* €5.50
Heavy duty weeding fork by Draper made from epoxy coated carbon steel hardened and tempered with plated ferrule with comfortable plastic handle and leather wrist strap.

**Alongside these items
we stock a wide range of
fertilisers, composts, polytunnel
accessories & much more!
For more information see the
Website or give us a call!**

GARDEN SUNDRIES

BARLEY STRAW BAGS *ABSB* €5.50
Completely harmless to plants, fish and wildlife and biodegradable. The bags contain barley straw and cotton and they are used to clear algae and suppress weeds in ponds. Each bag will treat a 10 m2 area of pond. These bags work perfectly in ponds and in water features, and they can also be used to clear harvested rainwater in a water butt. Each pack contains 2 bags.

CITROX 500ml *CITR* €10.00
Powerful garden disinfectant, based on extracts of citrus fruit. Effective against a wide range of diseases. Use to clean greenhouses, tools, pots, etc. Not harmful to plant material, so can be used to disinfect bulbs and cuttings. No insecticide effect, won't harm beneficial insects. Dilute 50ml to 1L.

GARDENING GLOVES
Showa Floreo 370. Second skin protection with amazing tactile touch. Ideal for weeding, potting, seedling work, pricking out, tying up plants, hosing and raking. One of the most lightweight and comfortable gloves available. Machine washable up to 40 degrees. Assorted colours.

SMALL SIZE 6 *GLVS* €7.50
MEDIUM SIZE 7 *GLVM* €7.50
LARGE SIZE 8 *GLVL* €7.50

LE LAC BALSAM
Lac Balsam creates a weatherproof elastic bandage which helps to heal tree wounds quickly. Made from natural materials. Highly recommended by our Fruit tree specialist at the Organic Centre.

385gm tube *LAB1* €17.00
For direct application covers 10 trees.

1 kg tub *LAB2* €26.00
Covers 30 trees. Injuries to trees – by pruning or other damage, need to be treated to avoid infection.

MAXICROP TAKE ROOT 500ml
MTR €8.00

A natural blend of seaweed extracts, specifically selected for their positive effects on rooting - for use in propagating and with all transplanted plants. After watering into the soil, Take Root significantly increases root mass for better survival, establishment and strong, healthy plants.

MERCURY THERMOMETER
THER02 €8.50

Two columns display the present temperature-while markers show the previous lowest/highest temperature. Important information particular for greenhouses and propagation areas.

PH METER (RAPITEST)
PHME €21.50
Instant and precise pH tester separate probe connected to accurate meter. Complete with pH correction guide and table of suitable plants. No batteries required.

PH MINI METER (RAPITEST)
PHMM €15.00
Smaller version of the above. Integrated probe and meter with pH correction guide and table of suitable plants. No batteries required.

PH SOIL TESTER (RAPITEST)
PHST €7.00
Test the acidity of your soil and see how well it is suited to various plants. Sufficient for 5 tests.

POLYTUNNEL REPAIR TAPE
RPT33 €15.00
100mm x 25m repair tape for PE/PVC film

WATERING CAN ROSES
ROS €5.00

Popular, rubber backed, round watering can roses. High quality brass faces which are removable for cleaning. They will fit most popular makes of watering can. Coarse ROSC / Medium ROSM / Fine ROSF.

For more information and products visit:

www.theorganiccentre.ie/shop or give us a call on +353 (0)71 985 4338



THE ORGANIC CENTRE SHOP

Our shop stocks an excellent range of organic food and drink, and we are working with local suppliers to ensure that we have loads of locally grown, hand-made sustainable products. We continue to develop the shop trying out new food and drink lines and increasing the number of products available every month.

Depending on the time of year, you will find produce from our gardens including **fruit, vegetables** and our **famous organic apple juice**. We also have a zero waste range, so you can buy organic pantry staples without all the plastic and packaging.

We have recently started selling a variety of items from the **Opinel range** including **knives, secateurs, pruning knives** and **folding saws**. These are excellent for use in the garden and the range of sizes are perfect for all your pruning needs. In addition, we have a range of **flasks** and **mugs** from **Stanley** for all of your outdoor adventures be it hiking, camping or just sitting on a bench by a river and enjoying a hot cup of tea.

We have also added the bestselling **Ball Mason jars** and **fermenting crocks** to our shop, ideal for pickling, fermenting and making sauerkraut or kimchi. There is an excellent range of **Irish-made beauty & skincare products** from a variety of makers across Ireland. Along with this, we stock a variety of eco-friendly products for use around your home.

We also have lots of locally made arts and crafts on sale, and are working with local artists and crafters to develop this range which includes beautiful paintings, wildlife photographs, ceramics, wooden crafts and sustainably made baby clothes. So you really can shop local, support small businesses and buy the perfect gift knowing that every cent you spend supports the Centre, local employment and local communities.

All items in our onsite shop can also be found in our online store:

<https://www.theorganiccentre.ie/shop/ecostore>



THE BOOK STOP SHOP

We are increasing our range of wonderful books and stock an excellent selection of books on **gardening, organic growing, permaculture, forest gardening, garden design** and growing abundant harvests.

We have new titles from the experts including **Klaus Laitenberger** and **Charles Dowding** and we also have books for those of you that are just starting out in your gardening adventures.

Our children's section is growing, and our current range includes books for young and older children, reading books, colouring, and activity books. We have titles in the excellent '**Little people, BIG DREAMS**' biography series, and we stock books from local organisations as well as books by well-known authors.

Our natural history and nature writing section takes in classic non-fiction and novels along with current best sellers. Subjects include the **fauna and flora of Ireland, the climate crisis, environmental concerns, farming**, and books that focus on the natural world and our human relationship with it.

We also have a fantastic range of **guidebooks, cooking, foraging and fold out guides** covering topics as diverse as fermentation, seaweed, butterflies, mushrooms and clouds!

We also stock a range of second handbooks which can be yours for a small donation, that in turn helps us maintain the gardens and buildings.

Everything on our bookshelf can be found at the following link:
<https://www.theorganiccentre.ie/shop/books>

ADVERTISERS' DIRECTORY

ACCOMODATION



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Self-Catering Accommodation at
Bluebell Organic Farm, Dromahair, Co. Leitrim
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086 1025317
www.aldercottage.com



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Contact Peter on **07729 178273** or **(048) 686 58743**
www.devenishvilla.co.uk | peterandpam78@yahoo.com



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The Organic centre

Please see pages 8-26 for details





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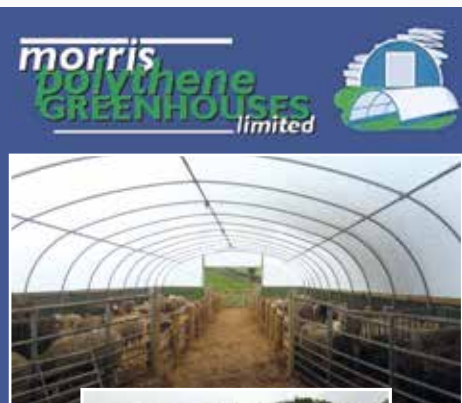
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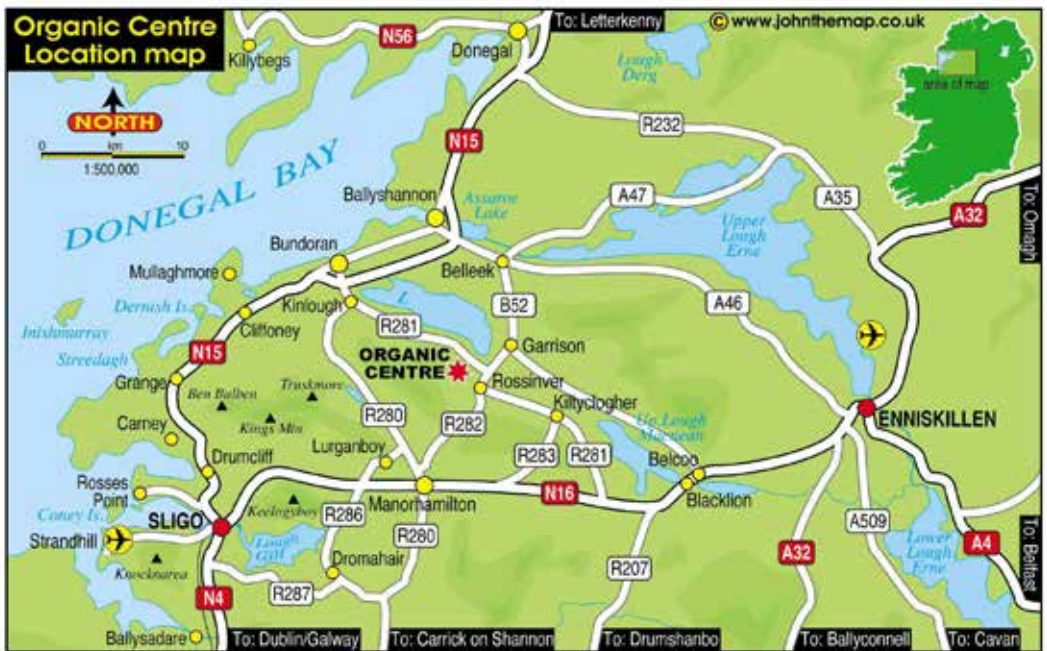
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What is The Organic Centre?

The Organic Centre works to support people of all ages who want to learn more about organic growing, biodiversity and climate change. Our work is supported by a number of funders including POBAL CSP, MSLETB and the Irish Environmental Network, and we would like to thank these core funders for their ongoing support. As a charity we would not be here without the generous support of our members, customers, volunteers and course participants, and we would like to thank each and every one of you for your support. Every euro spent supports the Centre, helping to maintain the gardens, develop new projects and support local jobs.

The Organic Centre
Rossinver
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Access: Please call or email if you have any special requirements or would like large type information.

The Organic Centre
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The Organic Centre is currently supported by MSLETB, Leitrim Intergrated Development Company, Pobal (Community Services Programme) and certified by The Organic Trusts.